

# 2026 ANNUAL MEETING



The  
Menopause  
Society™

October 20-24, 2026  
Hilton Bayfront, San Diego

## ***Bridging the Gap Between Research and Practice***

(As of June 17, 2026)

**Tuesday, October 20, 2026**

<b>1:00 PM–5:30 PM</b>	<b><i>Menopause 101 Course</i></b> Sapphire Ballroom
<b>1:00 PM–1:20 PM</b>	<b><i>Welcome and Introductory Remarks and Overview of Menopause Basics</i></b>  <b>Monica M Christmas, MD, FACOG, MSCP—Course Director</b> <i>Associate Medical Director, The Menopause Society Associate Professor and Director of the Menopause Program and Center for Women’s Integrated Health Section of Minimally Invasive Gynecologic Surgery UChicago Medicine and Biological Sciences Chicago, Illinois</i>
<b>1:20 PM–1:40 PM</b>	<b><i>Management of Vasomotor Symptoms</i></b>  <b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF</b> <i>Medical Director, The Menopause Society Professor and Chair, Department of Medicine Penny and Bill George Director, Mayo Clinic Center for Women’s Health Mayo Clinic Jacksonville, Florida</i>
<b>1:40 PM–2:00 PM</b>	<b><i>Management of Genitourinary Syndrome of Menopause</i></b>  <b>Caroline Mitchell, MD, MPH</b> <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Physician Investigator, Obstetrics and Gynecology Mass General Research Institute Boston, Massachusetts</i>
<b>2:00 PM–2:20 PM</b>	<b><i>Management of Hypoactive Sexual Desire Disorder</i></b>  <b>Holly N Thomas, MD, MS, MSCP</b> <i>Assistant Professor of Medicine and Clinical and Translational Research Director of the Comparative Effectiveness Research Track Director of the Leadership and Discovery Program University of Pittsburgh Pittsburgh, Pennsylvania</i>
<b>2:20 PM–2:30 PM</b>	<b>Break</b>

2:30 PM–2:50 PM	<p><b><i>Cognitive Changes in Midlife</i></b></p> <p><b>Pauline M Maki, PhD</b>  <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology  Director of Women’s Mental Health Research  Associate Director of the Center for Research on Women and Gender  Program Director of the K12 BIRCWH Program  University of Illinois at Chicago  Chicago, Illinois</i></p>
2:50 PM–3:10 PM	<p><b><i>Cardiometabolic Changes in Midlife</i></b></p> <p><b>Chrisandra L Shufelt, MD, MS, FACP, MSCP</b>  <i>Professor and Chair, Division of General Internal Medicine  Associate Director, Women’s Health Research Center  Mayo Clinic  Jacksonville, Florida</i></p>
3:10 PM–3:30 PM	<p><b><i>Mood Changes in Midlife</i></b></p> <p><b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR</b>  <i>Professor, Department of Psychiatry  Director, Centre for Psychedelic Health and Research, Queen’s University  Kingston, Ontario, Canada  Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND)  President and CEO, CAN-BIND Solutions Inc.  Ontario, Canada</i></p>
3:30 PM–3:50 PM	<p><b><i>When It’s Not Menopause</i></b></p> <p><b>Cheryl Cox Kinney, MD, FACOG, MSCP</b>  <i>President, The Menopause Society  Director, Center for Female Health and Hormone Disorders  Dallas, Texas</i></p>
3:50 PM–4:00 PM	<p><b>Break</b></p>
4:00 PM–4:40 PM	<p><b><i>Case Discussions—What to Prescribe, When, and Why: Practical Prescribing in Menopause Care</i></b></p> <p><b>Monica M Christmas, MD, FACOG, MSCP—Moderator</b>  <b>Cheryl Cox Kinney, MD, FACOG, MSCP—Moderator</b></p>
4:40 PM–5:30 PM	<p><b><i>Ask The Experts</i></b></p> <p><b>Monica M Christmas, MD, FACOG, MSCP—Moderator</b></p> <p><i>Panelists:</i></p> <p><b>Cheryl Cox Kinney, MD, FACOG, MSCP</b>  <b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF</b>  <b>Pauline M Maki, PhD</b>  <b>Caroline Mitchell, MD, MPH</b>  <b>Chrisandra L Shufelt, MD, MS, FACP, MSCP</b>  <b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR</b>  <b>Holly N Thomas, MD, MS, MSCP</b></p>

<b>1:00 PM–5:30 PM</b>	<b>Bone Health 101 Course</b> Indigo Ballroom—A-E
<b>1:00 PM–1:20 PM</b>	<b><i>Welcome and Introductory Remarks</i></b>  <b><i>Overview of Bone Loss with the Menopause Transition</i></b>  <b>Sherri-Ann M Burnett-Bowie, MD, MPH—Course Director</b> <i>Associate Professor of Medicine</i> <i>Harvard Medical School</i> <i>Distinguished Physician, Endocrinology Division</i> <i>Mass General Brigham Medicine</i> <i>Boston, Massachusetts</i>
<b>1:20 PM–1:45 PM</b>	<b><i>Screening for Osteopenia or Osteoporosis—Who, When, How?</i></b>  <b>Elaine W Yu, MD, MMSc</b> <i>Associate Professor of Medicine</i> <i>Harvard Medical School</i> <i>Director, Bone Density Center</i> <i>Mass General Brigham Medicine</i> <i>Boston, Massachusetts</i>
<b>1:45 PM–2:10 PM</b>	<b><i>How Can Patients Prevent Developing Osteopenia, Osteoporosis, or Fractures?</i></b>  <b>Risa Kagan, MD, FACOG, CCD, MSCP</b> <i>Clinical Professor</i> <i>Department of Obstetrics, Gynecology, and Reproductive Sciences</i> <i>University of California San Francisco</i> <i>Sutter East Bay Medical Group</i> <i>Berkeley, California</i>
<b>2:10 PM–2:35 PM</b>	<b><i>How Should a Patient With Osteopenia, Osteoporosis, or Fractures Be Treated?</i></b>  <b>Albert Shieh, MD</b> <i>Associate Clinical Professor of Medicine</i> <i>Division of Geriatrics</i> <i>UCLA Health</i> <i>Los Angeles, California</i>
<b>2:35 PM–2:45 PM</b>	<b>Break</b>
<b>2:45 PM–3:10 PM</b>	<b><i>Antiosteoporosis Medication Side Effects Are Worse than the Actual Disease . . . Or Are They?</i></b>  <b>Michael McClung, MD, FACP, FACE, FASBMR</b> <i>Founding and Emeritus Director</i> <i>Oregon Osteoporosis Center</i> <i>Portland, Oregon</i>

3:10 PM–3:35 PM	<p><b><i>Two Sides of the Coin: Balancing Obesity Treatments with Bone Loss and Fracture Risk</i></b></p> <p><b>Elaine W Yu, MD, MMSc</b>  <i>Associate Professor of Medicine  Harvard Medical School  Director, Bone Density Center  Mass General Brigham Medicine  Boston, Massachusetts</i></p>
3:35 PM–4:00 PM	<p><b><i>What is The Role of Exercise, Weighted Vests, Vibrating Machines, or Other Nontraditional Options in Optimizing Bone Health?</i></b></p> <p><b>Sherri-Ann M Burnett-Bowie, MD, MPH</b>  <i>Associate Professor of Medicine  Harvard Medical School  Distinguished Physician, Endocrinology Division  Mass General Brigham Medicine  Boston, Massachusetts</i></p>
4:00 PM–4:10 PM	<p><b>Break</b></p>
4:10 PM–4:35 PM	<p><b><i>How Clinicians Can Reduce Osteoporosis or Fracture-Related Health Disparities</i></b></p> <p><b>Sherri-Ann M Burnett-Bowie, MD, MPH</b>  <i>Associate Professor of Medicine  Harvard Medical School  Distinguished Physician, Endocrinology Division  Mass General Brigham Medicine  Boston, Massachusetts</i></p>
4:35 PM–5:30 PM	<p><b><i>Ask The Experts</i></b></p> <p><b>Pelin Batur, MD, FACP, MSCP—Moderator</b>  <i>Professor of Obstetrics, Gynecology, and Reproductive Biology  Cleveland Clinic Lerner College of Medicine of Case Western Reserve University  Ob/Gyn and Women’s Health Institute, Department of Subspecialty Women’s Health  Medical Director, Women’s Comprehensive Health and Research Center  Cleveland Clinic  Cleveland, Ohio</i></p> <p><i>Panelists:</i></p> <p><b>Sherri-Ann M Burnett-Bowie, MD, MPH</b>  <b>Risa Kagan, MD, FACOG, CCD, MSCP</b>  <b>Michael McClung, MD, FACP, FACE, FASBMR</b>  <b>Albert Shieh, MD</b>  <b>Elaine W Yu, MD, MMSc</b></p>
1:00 PM–4:00 PM	<p><b>Menopause Research Workshop</b>  Aqua 310</p>
1:00 PM–1:10 PM	<p><b><i>Welcome and Workshop Overview</i></b></p> <p><b>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator</b>  <i>Associate Professor  The University of Iowa College of Nursing  Iowa City, Iowa</i></p>

<b>1:10 PM–1:55 PM</b>	<b><i>Menopause Research: How Far Have We Come and Where Are We Going? Leading Scholars Critically Examine the Evolution of Menopause Research</i></b>
	<p><b>Sara Looby, PhD, ANP-BC, FAAN—Moderator</b>  <i>Assistant Professor, Department of Medicine  Harvard Medical School  Clinical Investigator, Metabolism Unit, Endocrine Division  Massachusetts General Hospital  Boston, Massachusetts</i></p>
	<p><b>Panelists:</b></p> <p><b>Rebecca C Thurston, PhD, FABMR, FSBSM, FAHA</b>  <i>Associate Dean for Women’s Health Research  Pittsburgh Foundation Chair in Women’s Health and Dementia  Distinguished Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science  Director, Center for Women’s Biobehavioral Health Research Program  Director, Cardiovascular Behavioral Medicine Research Training Program  University of Pittsburgh  Pittsburgh, Pennsylvania</i></p> <p><b>Nancy Fugate Woods, BSN, PhD, FAAN</b>  <i>Professor Emeritus  Biobehavioral Nursing &amp; Health Informatics  University of Washington School of Nursing  Seattle, Washington</i></p>
	<b>Q&amp;A With Audience</b>
<b>1:55 PM–2:35 PM</b>	<b><i>Starting Your Menopause Research Program—Part 1  Key Menopause Studies and How to Access and Work Within These Datasets</i></b>
	<p><b>Matthew Nudy, MD—Moderator</b>  <i>Assistant Professor of Medicine and Public Health Sciences  Division of Cardiology  Penn State College of Medicine  Hershey, Pennsylvania</i></p>
<b>1:55 PM–2:05 PM</b>	<p><b><i>Study of Women’s Health Across the Nation (SWAN)</i></b></p> <p><b>Samar R El Khoudary, PhD, MPH, FAHA</b>  <i>Chair and Professor of Epidemiology, School of Public Health  Director of Women’s Public Health Research Initiatives, Institute of Women’s Health  Virginia Commonwealth University  Richmond, Virginia</i></p>
<b>2:05 PM–2:15 PM</b>	<p><b><i>Women’s Health Initiative (WHI)</i></b></p> <p><b>Andrea LaCroix, PhD, MPH</b>  <i>Professor, Herbert Wertheim School of Public Health and Human Longevity Science  UC San Diego  San Diego, California</i></p>

2:15 PM–2:25 PM	<b>Menopause Strategies: Finding Lasting Answers for Symptoms and Health Trials (MsFLASH)</b>  <b>To Be Announced</b>
2:25 PM–2:35 PM	<b>Q&amp;A With Audience</b>
2:35 PM–2:45 PM	<b>Break</b>
2:45 PM–3:30 PM	<b>Starting Your Menopause Research Program—Part 2</b> <b>From Pilot Studies to Clinical Trials: Feasibility, Methods, and Implementation</b>
	<b>Robin Austin, PhD, DNP, RN, FAMIA, FAAN—Moderator</b> <i>Associate Professor</i> <i>University of Minnesota School of Nursing</i> <i>Minneapolis, Minnesota</i>
2:45 PM–3:00 PM	<b>Getting Started with Interventional Research</b>  <b>Alison Huang, MD, MPhil, MAS</b> <i>Professor of Medicine, Urology and Epidemiology and Biostatistics</i> <i>Director of Research for General Internal Medicine at UCSF Health</i> <i>Director of the UCSF Health Women's Health Clinical Research Center</i> <i>University of California San Francisco</i> <i>San Francisco, California</i>
3:00 PM–3:15 PM	<b>Ariel J Lang, PhD, MPH</b> <i>Clinical Psychologist</i> <i>VA San Diego Healthcare System</i> <i>Professor in Residence</i> <i>Department of Psychiatry and Herbert Wertheim School of Public Health and Human Longevity Science</i> <i>UC San Diego</i> <i>San Diego, California</i>
3:15 PM–3:30 PM	<b>Q&amp;A With Audience</b>
3:30 PM–4:10 PM	<b>Starting Your Menopause Research Program—Part 3</b> <b>How Menopause Research Makes It Into Real World Care</b>
	<b>Elizabeth Lorenzo, PhD, RN—Moderator</b> <i>Assistant Professor</i> <i>University of Texas Medical Branch</i> <i>School of Nursing</i> <i>Galveston, Texas</i>
3:30 PM–3:45 PM	<b>MenoGap</b>  <b>Lisa J Taylor-Swanson, PhD, LAc, Dipl OM (NCBAHM)</b> <i>Associate Professor</i> <i>College of Nursing at University of Utah</i> <i>Salt Lake City, Utah</i>
3:45 PM–4:00 PM	<b>Working Effectively with FDA: Early Career Strategies for Research Success</b>  <b>To Be Announced</b>
4:00 PM–4:10 PM	<b>Q&amp;A With Audience</b>

4:10 PM–4:40 PM	<p><b><i>Meet and Greet and Networking</i></b></p> <p><b>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator</b>  Associate Professor  The University of Iowa College of Nursing  Iowa City, Iowa</p>
4:40 PM–5:00 PM	<p><b><i>Next Steps: Resources and Opportunities</i></b></p> <p><b>Carolyn Gibson, PhD, MPH, MSCP, FABMR</b>  Associate Director, Center for Data to Discovery and Delivery Innovation (3DI)  San Francisco VA Health Care System  Associate Professor, Department of Psychiatry and Behavioral Sciences  University of California, San Francisco  San Francisco, California</p>
<b>Wednesday, October 21, 2026</b>	
7:30 AM–8:00 AM	<p><b>Coffee Service for Opening Symposium</b>  Rotunda—Convention Level</p>
8:00 AM–12:00 PM	<p><b>Opening Symposium—<i>Cutting Through the Noise: The Evidence for Incorporating the Six Pillars of Lifestyle Medicine for Menopause</i></b>  Sapphire Ballroom</p>
8:00 AM–8:10 AM	<p><b><i>Welcome and Introductory Remarks</i></b></p> <p><b>Makeba Williams, MD, FACOG, MSCP—Chair, Scientific Program Committee</b>  Professor of Obstetrics and Gynecology  Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM)  University of Illinois College of Medicine  Chicago, Illinois</p>
8:10 AM–8:30 AM	<p><b><i>Move the Needle: What the Evidence Actually Says About Exercise in Menopause</i></b></p> <p><b>Amy Comander, MD</b>  Director, Lifestyle Medicine Program  Director, Breast Oncology and Cancer Survivorship  Mass General Brigham Cancer Institute  Boston, Massachusetts</p>
8:30 AM–8:50 AM	<p><b><i>Do You Really Need That Supplement? Cutting Through Nutrition Myths in Menopause</i></b></p> <p><b>Annina Burns, PhD, RD</b>  Health Science Policy Analyst  National Institute of Health  Washington, DC</p>
8:50 AM–9:10 AM	<p><b><i>Socially Connected and Clinically Well: What the Evidence Says About Connectedness in Menopause</i></b></p> <p><b>Michelle Tollefson, MD, FACOG</b>  Professor  Health Professions Department  Metropolitan State University of Denver  Denver, Colorado</p>

9:10 AM–9:30 AM	<p><b><i>Beyond Self-Care: An Evidence-Based Approach to Stress and Mental Well-being in Menopause</i></b></p> <p><b>Michelle L Thompson, DO, AOBFP, ABOIM, DipABLM, FACLM</b>  <i>Vice President of Medical Staff UPMC Horizon and Jameson  Medical Director UPMC Lifestyle Medicine Program  Associate Professor of Family Medicine, University of Pittsburgh School of Medicine  Adjunct Clinical Professor, Philadelphia and Lake Erie College of Osteopathic Medicine  Pittsburgh, Pennsylvania</i></p>
9:30 AM–10:00 AM	<b>Q&amp;A With Audience</b>
10:00 AM–10:20 AM	<b>Break</b>
10:20 AM–10:40 AM	<p><b><i>Rest Assured: What We Know and What We Can Do About Sleep at Menopause</i></b></p> <p><b>Suzanne Bertisch, MD, MPH</b>  <i>Clinical Director of Behavioral Sleep Medicine  Brigham and Women’s Hospital  Associate Professor of Medicine  Harvard Medical School  Boston, Massachusetts</i></p>
10:40 AM–11:00 AM	<p><b><i>Is It Helping or Hurting? Clinical Counseling Strategies for Substance Use in Midlife Women</i></b></p> <p><b>Carolyn Gibson, PhD, MPH, MSCP, FABMR</b>  <i>Associate Director, Center for Data to Discovery and Delivery Innovation (3DI)  San Francisco VA Health Care System  Associate Professor, Department of Psychiatry and Behavioral Sciences  University of California, San Francisco  San Francisco, California</i></p>
11:00 AM–11:20 AM	<p><b><i>From Pillars to Practice: Integrating Lifestyle Medicine Into Menopause Care</i></b></p> <p><b>Karen E Adams MD, FACOG, DipABLM, MSCP</b>  <i>Clinical Professor, Obstetrics and Gynecology  Stanford University  Director, Stanford Program in Menopause and Healthy Aging  Faculty Affiliate, Stanford Center on Longevity  Stanford, California</i></p>
11:20 AM–12:00 PM	<b>Q&amp;A With Audience</b>
12:00 PM–2:15 PM	<b>Free Time   Industry Education Session</b>
1:30 PM–2:00 PM	<p><b>Industry Education Session</b>  Indigo Ballroom—A-E  Supported by  <b>Sumitomo Pharma America</b></p>

<b>2:15 PM–2:30 PM</b>	<b>Welcome and Introductory Remarks</b> Sapphire Ballroom
<b>2:15 PM–2:20 PM</b>	<b>Cheryl Cox Kinney, MD, FACOG, MSCP—President</b> <i>Director, Center for Female Health and Hormone Disorders Dallas, Texas</i>
<b>2:20 PM–2:25 PM</b>	<b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF—Medical Director</b> <i>Professor and Chair, Department of Medicine Penny and Bill George Director, Mayo Clinic Center for Women’s Health Mayo Clinic Jacksonville, Florida</i>
<b>2:25 PM–2:30 PM</b>	<b>Makeba Williams, MD, FACOG, MSCP—Chair, Scientific Program Committee</b> <i>Professor of Obstetrics and Gynecology Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM) University of Illinois College of Medicine Chicago, Illinois</i>
<b>2:30 PM–4:30 PM</b>	<b>Presidential Symposium 1—The Toll of Estrogen Avoidance</b> Sapphire Ballroom
	<b>Cheryl Cox Kinney, MD, FACOG, MSCP—Moderator</b> <i>President, The Menopause Society Director, Center for Female Health and Hormone Disorders Dallas, Texas</i>
<b>2:30 PM–2:50 PM</b>	<b>The Cardiovascular Consequences of Estrogen Avoidance</b>  <b>Matthew Nudy, MD</b> <i>Assistant Professor of Medicine and Public Health Sciences Division of Cardiology Penn State College of Medicine Hershey, Pennsylvania</i>
<b>2:50 PM–3:10 PM</b>	<b>Estrogen and Skeletal Integrity: The Forgotten Foundation of Bone Health</b>  <b>Michael McClung, MD, FACP, FACE, FASBMR</b> <i>Founding and Emeritus Director Oregon Osteoporosis Center Portland, Oregon</i>
<b>3:10 PM–3:30 PM</b>	<b>Early Menopause and the Impact on All-Cause Mortality</b>  <b>Monica M Christmas, MD, FACOG, MSCP</b> <i>Associate Medical Director, The Menopause Society Associate Professor and Director of the Menopause Program and Center for Women’s Integrated Health Section of Minimally Invasive Gynecologic Surgery UChicago Medicine and Biological Sciences Chicago, Illinois</i>
<b>3:30 PM–3:50 PM</b>	<b>Contextualizing Risk of Stroke and Breast Cancer: Estrogen Compared to Other Therapies</b>  <b>Howard N Hodis, MD</b> <i>Professor of Medicine Harry J. Bauer and Dorothy Bauer Rawlins Professorship in Cardiology Keck School of Medicine of USC Los Angeles, California</i>

3:50 PM–4:10 PM	<p><b><i>Breast Cancer Survivors: The Consequences of Estrogen Avoidance and Reconsidering the Estrogen Option</i></b></p> <p><b>James A Simon, MD, CCD, MSCP, IF, FACOG</b>  <i>Clinical Professor  George Washington University  Washington, DC</i></p>
4:10 PM–4:30 PM	<p><b>Q&amp;A With Audience</b></p>
4:30 PM–5:30 PM	<p><b><i>30 Years of SWAN: Transforming What We Know About Menopause</i></b>  Sapphire Ballroom</p>
	<p><b>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator</b>  <i>Associate Professor  The University of Iowa College of Nursing  Iowa City, Iowa</i></p>
4:30 PM–4:50 PM	<p><b><i>Daily Hormone Patterns Across the Menopause Transition: New Insights and Discoveries</i></b></p> <p><b>Nanette F Santoro, MD</b>  <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology  University of Colorado School of Medicine  Anschutz Medical Campus  Aurora, Colorado</i></p>
4:50 PM–5:10 PM	<p><b><i>The Impact of Menopause on Bone Loss and Body Composition: Insights from SWAN</i></b></p> <p><b>Sherri-Ann M Burnett-Bowie, MD, MPH</b>  <i>Associate Professor of Medicine  Harvard Medical School  Distinguished Physician, Endocrinology Division  Mass General Brigham Medicine  Boston, Massachusetts</i></p>
5:10 PM–5:30 PM	<p><b><i>Menopause and Women’s Cardiovascular Health: What the SWAN Data Tells Us</i></b></p> <p><b>Rebecca C Thurston, PhD, FABMR, FSBSM, FAHA</b>  <i>Associate Dean for Women’s Health Research  Pittsburgh Foundation Chair in Women’s Health and Dementia  Distinguished Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science  Director, Center for Women’s Biobehavioral Health Research Program  Director, Cardiovascular Behavioral Medicine Research Training Program  University of Pittsburgh  Pittsburgh, Pennsylvania</i></p>
5:30 PM–6:30 PM	<p><b>President’s Cocktail Reception</b>  Promenade Plaza</p>
<p><b>Thursday, October 22, 2026</b></p>	
7:00 AM–8:00 AM	<p><b>Continental Breakfast for Registrants of the Main Program</b></p>

<b>8:15 AM–9:00 AM</b>	<b>Keynote Address</b> Sapphire Ballroom
<b>8:15 AM–8:45 AM</b>	<b>To Be Announced</b>
<b>8:45 AM–9:00 AM</b>	<b>Q&amp;A With Audience</b>
<b>9:00 AM–10:30 AM</b>	<b>Plenary Symposium 2—<i>More Than Survival: A Multidisciplinary Approach to Menopause Care Across the Cancer Continuum</i></b> Sapphire Ballroom
	<b>Stacy M. Selbert, MSN, WHNP, MSCP—Moderator</b> <i>Nurse Practitioner WashU Medicine St. Louis, Missouri</i>
<b>9:00 AM–9:20 AM</b>	<b><i>Cancer Treatment and the Hormonal Milieu: An Oncologist's Perspective</i></b>  <b>VK Gadi, MD, PhD</b> <i>Deputy Director, University of Illinois Cancer Center Assistant Professor of Clinical Medicine Division of Hematology and Oncology University of Illinois Chicago Chicago, Illinois</i>
<b>9:20 AM–9:40 AM</b>	<b><i>Gynecologic Care Across the Previvor and Survivor Continuum</i></b>  <b>Versha Pleasant, MD, MPH</b> <i>Clinical Assistant Professor Director, Cancer Genetics and Breath Health Department of OB/GYN University of Michigan Ann Arbor, Michigan</i>
<b>9:40 AM–10:00 AM</b>	<b><i>Shared Decision-Making for Menopause Management in Cancer Survivorship</i></b>  <b>Heidi Trott, ARNP, MSN</b> <i>University of Washington, Fred Hutchinson Cancer Center Director, High Risk Cancer Genetics Clinic Seattle, Washington</i>
<b>10:00 AM–10:30 AM</b>	<b>Q&amp;A With Audience</b>
<b>10:30 AM–11:15 AM</b>	<b>Refreshment Break for Registrants of the Main Program</b>
<b>10:45 AM–11:15 AM</b>	<b>Industry Education Session</b> Indigo Ballroom—A-E <i>Supported by</i> <b>Astellas</b> <i>Premier Partner of the 2026 Annual Meeting</i>

<b>11:15 AM–12:30 PM</b>	<b>Plenary Symposium 3—<i>Feminine Forever: Longevity Medicine and Menopause</i></b> Sapphire Ballroom
	<b>Jan L Shifren, MD, MSCP—Moderator</b> <i>Director, Midlife Women’s Health Center Massachusetts General Hospital Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Boston, Massachusetts</i>
<b>11:15 AM–11:40 AM</b>	<b><i>Hormone Therapy, Cognition, and Dementia</i></b>  <b>Pauline M Maki, PhD</b> <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology Director of Women’s Mental Health Research Associate Director of the Center for Research on Women and Gender Program Director of the K12 BIRCWH Program University of Illinois at Chicago Chicago, Illinois</i>
<b>11:40 AM–12:05 PM</b>	<b><i>Hormone Therapy and Cardiovascular Disease Risk Reduction</i></b>  <b>Chrisandra L Shufelt, MD, MS, FACP, MSCP</b> <i>Professor and Chair, Division of General Internal Medicine Associate Director, Women’s Health Research Center Mayo Clinic Jacksonville, Florida</i>
<b>12:05 PM–12:30 PM</b>	<b>Q&amp;A With Audience</b>
<b>12:30 PM–12:45 PM</b>	<b>Box Lunches Distributed for Registrants of the Main Program</b> Sapphire Ballroom
<b>12:45 PM–2:15 PM</b>	<b>Plenary Symposium 4—<i>Mind the Gap: Mood Disorders, Suicide Risk, and the Menopause Transition</i></b> Sapphire Ballroom
	<b>Gloria A Richard-Davis, MD, MBA, MSCP, FACOG—Moderator</b> <i>Northwest Regional Dean for More in Common Alliance Common Spirit Health, Virginia Mason Franciscan Health System Seattle, Washington</i>
<b>12:45 PM–1:05 PM</b>	<b><i>Mood Disorders and the Menopause Transition: What Every Clinician Needs to Know</i></b>  <b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR</b> <i>Professor, Department of Psychiatry Director, Centre for Psychedelic Health and Research, Queen’s University Kingston, Ontario, Canada Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND) President and CEO, CAN-BIND Solutions Inc. Ontario, Canada</i>
<b>1:05 PM–1:25 PM</b>	<b><i>Suicide Risk in Midlife Women: Recognizing the Warning Signs During the Menopause Transition</i></b>  <b>Mary Kimmel, MD, PhD</b> <i>Associate Professor of Psychiatry University School of Medicine in St. Louis St. Louis, Missouri</i>

1:25 PM–1:45 PM	<p><b><i>Beyond the Diagnosis: Resilience, Loneliness, and Psychological Wellbeing</i></b></p> <p><b>Ellen E Lee, MD</b>  <i>Estelle and Edgar Levi Memorial Chair in Aging  Professor and Division Chief of Geriatric Psychiatry, UC San Diego  Program Director, Geriatric Psychiatry Fellowship, UC San Diego/San Diego VA Medical Center  Staff Psychiatrist, VA San Diego Healthcare System  San Diego, California</i></p>
1:45 PM–2:15 PM	<b>Q&amp;A With Audience</b>
2:15 PM–3:00 PM	<b>Refreshment Break for Registrants of the Main Program</b>
2:30 PM–3:00 PM	<p><b>Industry Education Session</b>  Indigo Ballroom—A-E  <i>Supported by</i>  <b>Bayer</b>  <i>Premier Partner of the 2026 Annual Meeting</i></p>
3:00 PM–4:30 PM	<p><b>Plenary Symposium 5—Midlife Dermatology: Evidence-Based Care for Skin and Hair Changes in Menopause</b>  Sapphire Ballroom</p>
	<p><b>Cheryl Cox Kinney, MD, FACOG, MSCP—Moderator</b>  <i>President, The Menopause Society  Director, Center for Female Health and Hormone Disorders  Dallas, Texas</i></p>
3:00 PM–3:25 PM	<p><b><i>Skin, Hormones, and Menopause: From Research to Clinical Practice</i></b></p> <p><b>Shoshana Marmon, MD, PhD, FAAD</b>  <i>Chair, Menopause and Women’s Health in Dermatology Quality Improvement Workgroup  Assistant Professor and Director of Clinical Research  Department of Dermatology  New York Medical College  New York, New York</i></p>
3:25 PM–3:50 PM	<p><b><i>Midlife Hair Loss: What Every Menopause Clinician Needs to Know</i></b></p> <p><b>Paradi Mirmirani, MD</b>  <i>Interim Medical Director, Clinical Trials Program  Regional Director, Hair Disorders  Physician Lead for Dermatology Research, Education and Academics  Kaiser Permanente  Volunteer Associate Clinical Professor  Department of Dermatology  University of California, San Francisco</i></p>
3:50 PM–4:15 PM	<b>Q&amp;A With Audience</b>
4:15 PM–4:30 PM	<b>Break</b>
4:30 PM–6:00 PM	<p><b>Concurrent Session 1—Abstract Presentations</b>  Sapphire Ballroom</p>
4:30 PM–4:45 PM	<b>Abstract 1</b>

4:45 PM–5:00 PM	Abstract 2
5:00 PM–5:15 PM	Abstract 3
5:15 PM–5:30 PM	Abstract 4
5:30 PM–5:45 PM	Abstract 5
5:45 PM–6:00 PM	Abstract 6
4:30 PM–6:00 PM	<b>Concurrent Session 2—Abstract Presentations</b> Indigo Ballroom—A-E
4:30 PM–4:45 PM	Abstract 1
4:45 PM–5:00 PM	Abstract 2
5:00 PM–5:15 PM	Abstract 3
5:15 PM–5:30 PM	Abstract 4
5:30 PM–5:45 PM	Abstract 5
5:45 PM–6:00 PM	Abstract 6
6:15 PM–7:15 PM	<b>Poster Session and Wine and Cheese Reception for Registrants of the Main Program</b> Indigo Exhibit Hall
<b>Friday, October 23, 2026</b>	
7:00 AM–8:00 AM	<b>Continental Breakfast for Registrants of the Main Program</b>
7:00 AM–7:45 AM	<b>Coffee With Colleagues Continental Breakfast</b>
7:55 AM–8:30 AM	<b>Annual Membership Town Hall</b> Sapphire Ballroom
8:30 AM–9:00 AM	<b>The Menopause Society/Pfizer Wulf H Utian Endowed Lecture</b> Sapphire Ballroom
8:30 AM–8:50 AM	<b>To Be Announced</b>
8:50 AM–9:00 AM	<b>Q&amp;A With Audience</b>

<b>9:00 AM–10:30 AM</b>	<b>Plenary Symposium 6—<i>Beyond the Basics: Cardiovascular Risk, Lipid Management, and Sex-Based Differences at Menopause</i></b> Sapphire Ballroom
	<b>Sara Looby, PhD, ANP-BC, FAAN—Moderator</b> <i>Assistant Professor, Department of Medicine          Harvard Medical School          Clinical Investigator, Metabolism Unit, Endocrine Division          Massachusetts General Hospital          Boston, Massachusetts</i>
<b>9:00 AM–9:20 AM</b>	<b>Assessing the Risk: Primary Prevention Guidelines and Their Application in Midlife Women</b>  <b>Emily S Lau, MD, MPH</b> <i>Assistant Professor of Medicine, Harvard Medical School          Director, Cardiometabolic Health and Hormones Clinic          Corrigan Women’s Heart Health Program          Massachusetts General Hospital          Boston, Massachusetts</i>
<b>9:20 AM–9:40 AM</b>	<b>Beyond Statins: Lipo(a), Familial Hyperlipidemia, and Novel Strategies for Cardiovascular Risk Reduction</b>  <b>Laxmi Mehta, MD, FACC, FAHA, FNLA</b> <i>Chief Well-Being Leader          Faculty Director, Gabbe Well-Being Office          Associate Vice Chair of Wellness, Department of Internal Medicine          Director, Preventative Cardiology and Women’s Cardiovascular Health          Sarah Ross Soter Endowed Chair, Women’s Cardiovascular Health Research          Professor of Internal Medicine          The Ohio State University Wexner Medical Center          Columbus, Ohio</i>
<b>9:40 AM–10:00 AM</b>	<b>Sex, Lipids, and Menopause: What the Updated AHA Guidelines Mean for Women’s Cardiovascular Care</b>  <b>Janet Lo, MD, MS</b> <i>Director, Lipid and Metabolism Associates          Associate Professor of Medicine          Harvard Medical School          Boston, Massachusetts</i>
<b>10:00 AM–10:30 AM</b>	<b>Q&amp;A With Audience</b>
<b>10:30 AM–11:15 AM</b>	<b>Refreshment Break for Registrants of the Main Program</b>
<b>10:45 AM–11:15 AM</b>	<b>Industry Education Session</b> Indigo Ballroom—A-E <i>Supported by</i> <b>Cosette Pharmaceuticals</b>

<b>11:15 AM–12:45 PM</b>	<b>Plenary Symposium 7—When the Pelvis Hurts: Bleeding, Urgency, and Pain</b> Sapphire Ballroom
	<b>Oona O’Neil, MD—Moderator</b>  <i>Obstetrician/Gynecologist</i> <i>Atrium Health/Wake Forest School of Medicine</i> <i>Winston-Salem, North Carolina</i>
<b>11:15 AM–11:35 AM</b>	<b><i>Is This Normal? Evaluating Abnormal Uterine Bleeding Across the Perimenopause to Postmenopause Spectrum</i></b>  <b>Linda D Bradley, MD</b> <i>Professor, Obstetrics, Gynecology, and Reproductive Biology</i> <i>Cleveland Clinic</i> <i>Cleveland, Ohio</i>
<b>11:35 AM–11:55 PM</b>	<b><i>Overactive Bladder in Midlife Women: Recognition, Management, and the Menopause Connection</i></b>  <b>Heidi Brown, MD, MAS</b> <i>Clinician Researcher</i> <i>Division of Health Services Research and Implementation Science</i> <i>Department of Research Evaluation</i> <i>Kaiser Permanente</i> <i>San Diego, California</i>
<b>11:55 PM–12:15 PM</b>	<b><i>When Pain Persists: Chronic Pelvic and Sexual Pain in Midlife Women Through a Biopsychosocial Lens</i></b>  <b>Kathryn Witzeman, MD, FACOG</b> <i>Clinical Professor, Department of Obstetrics and Gynecology</i> <i>University of Colorado</i> <i>Gynecologic Surgeon, Grand River Health</i> <i>Rifle, Colorado</i>
<b>12:15 PM–12:45 PM</b>	<b>Q&amp;A With Audience</b>
<b>12:45 PM–1:00 PM</b>	<b>Box Lunches Distributed for Registrants of the Main Program</b> Sapphire Ballroom
<b>1:00 PM–2:00 PM</b>	<b>Top Scoring Abstract Session</b> Sapphire Ballroom
<b>1:00 PM–1:15 PM</b>	<b>Abstract 1</b>
<b>1:15 PM–1:30 PM</b>	<b>Abstract 2</b>
<b>1:30 PM–1:45 PM</b>	<b>Abstract 3</b>
<b>1:45 PM–2:00 PM</b>	<b>Abstract 4</b>

2:00 PM–3:30 PM	<b>Plenary Symposium 8—<i>Beyond Hormones: Emerging and Established Pharmacologies in Perimenopause and Menopause Management</i></b> Sapphire Ballroom
	<b>Laurie S Jeffers, DNP, FNP-BC, MSCP—Moderator</b> <i>Cofounder and Former Codirector, Center for Midlife Health and Menopause          NYU Langone Health, Grossman School of Medicine          New York, New York</i>
2:00 PM–2:20 PM	<b><i>Decoding the Estrogen Receptor: The Science Behind SERMs, SERDs, and Tissue-Selective Pharmacology</i></b>  <b>Donald P McDonnell, PhD</b> <i>Glaxo-Wellcome Distinguished Professor of Molecular Cancer Biology, in the School of Medicine          Professor of Pharmacology and Cancer Biology          Professor in Medicine          Professor of Cell Biology          Duke University School of Medicine          Durham, North Carolina</i>
2:20 PM–2:40 PM	<b><i>Rewiring the Thermostat: KNDy Neurons, Neurokinin B Antagonism, and Emerging Menopause Therapies</i></b>  <b>Genevieve Neal-Perry, MD, PhD</b> <i>Department Chair, Obstetrics and Gynecology          Robert A. Ross Distinguished Professor, Reproductive Endocrinology and Infertility          UNC School of Medicine          Chapel Hill, North Carolina</i>
2:40 PM–3:00 PM	<b><i>Beyond the Hot Flash: NKB Antagonism, Sleep Architecture, and the Cognitive Dimensions of Menopause Treatment</i></b>  <b>JoAnn V Pinkerton, MD, MSCP</b> <i>Mamie A Jessup Professor of Obstetrics and Gynecology          Division Director for Midlife Health          Founder, University of Virginia Midlife Health Center          Charlottesville, Virginia</i>
3:00 PM–3:30 PM	<b>Q&amp;A With Audience</b>
3:30 PM–4:15 PM	<b>Refreshment Break for Registrants of the Main Program</b>
3:45 PM–4:15 PM	<b>Industry Education Session</b> Indigo Ballroom—A-E <i>Supported by</i> <b>Novo Nordisk</b>
4:15 PM–5:30 PM	<b>Concurrent Session 1—Abstract Presentations</b> Sapphire Ballroom
4:15 PM–4:30 PM	<b>Abstract 1</b>
4:30 PM–4:45 PM	<b>Abstract 2</b>
4:45 PM–5:00 PM	<b>Abstract 3</b>

5:00 PM–5:15 PM	<b>Abstract 4</b>
5:15 PM–5:30 PM	<b>Abstract 5</b>
4:15 PM–5:30 PM	<b>Concurrent Session 2—Abstract Presentations</b> Indigo Ballroom—A-E
4:15 PM–4:30 PM	<b>Abstract 1</b>
4:30 PM–4:45 PM	<b>Abstract 2</b>
4:45 PM–5:00 PM	<b>Abstract 3</b>
5:00 PM–5:15 PM	<b>Abstract 4</b>
5:15 PM–5:30 PM	<b>Abstract 5</b>
5:45 PM–6:45 PM	<b>Donor Cocktail Party</b>
<b>Saturday, October 24, 2026</b>	
7:00 AM–8:00 AM	<b>Continental Breakfast for Registrants of the Main Program</b>
8:00 AM–8:15 AM	<b>Announcement of Poster Prizes</b> Sapphire Ballroom
8:15 AM–8:45 AM	<b>The Menopause Society/Kleinman Endowed Lecture</b> Sapphire Ballroom
8:15 AM–8:35 AM	<b>To Be Announced</b>
8:35 AM–8:45 AM	<b>Q&amp;A With Audience</b>
8:45 AM–10:15 AM	<b>Plenary Symposium 9—<i>Desire, Arousal, and the Pelvic Floor: Sexual Health Across the Menopause Transition</i></b> Sapphire Ballroom
	<b>Sheryl A Kingsberg, PhD—Moderator</b> <i>Chief, Division of Behavioral Medicine, Department of Ob/Gyn University Hospitals Cleveland Medical Center Professor, Departments of Reproductive Biology, Psychiatry, and Urology Case Western Reserve University School of Medicine Cleveland, Ohio</i>
8:45 AM–9:15 AM	<b><i>Hypoactive Sexual Desire Disorder: Applying the Updated International Society for the Study of Women’s Sexual Health Guidelines in Multidisciplinary Practice</i></b>  <b>Jewel M Kling, MD, MPH, MSCP, MACP, IF</b> <i>Professor of Medicine Chair, Women’s Health Internal Medicine Suzanne Hanson Poole Dean, Mayo Clinic Alix School of Medicine, Arizona Campus Mayo Clinic Scottsdale, Arizona</i>

9:15 AM–9:35 AM	<p><b><i>When Arousal and Orgasm Are Elusive: A Clinical Framework for Midlife Women</i></b></p> <p><b>Sally MacPhedran, MD, MS</b>  <i>Obstetrician and Gynecologist  University Hospitals of Cleveland  Medical Director, Physician Assistant Program  Case Western Reserve University  Cleveland, Ohio</i></p>
9:35 AM–9:55 AM	<p><b><i>What the Pelvic Floor Has to Do With It: Rehabilitation Science and Sexual Function in Midlife Women</i></b></p> <p><b>Karen R Brandon, PT, MPT, DSc</b>  <i>Clinical Instructor, Physical Therapy  School of Allied Health Professions  Loma Linda University  Loma Linda, California</i></p>
9:55 AM–10:15 AM	<p><b>Q&amp;A With Audience</b></p>
10:15 AM–10:45 AM	<p><b>Refreshment Break for Registrants of the Main Program</b></p>
10:45 AM–12:00 PM	<p><b><i>Plenary Symposium 10—Sleep Across the Menopause Continuum: What the Science Says and What Clinicians Can Do</i></b></p>
	<p><b>Holly-Marie Bolger, DO, MSCE, MSCP—Moderator</b>  <i>Clinical Associate Professor of Obstetrics and Gynecology  The University of Iowa  Iowa City, Iowa</i></p>
10:45 AM–11:10 AM	<p><b><i>The Interrupted Night: Silent Health Consequences of Menopausal Sleep Disturbance</i></b></p> <p><b>Shadab A Rahman, PhD, MPH</b>  <i>Director of Sleep, Circadian, and Behavioral Health Research  Department of Psychiatry, Beth Israel Deaconess Medical Center  Assistant Professor of Psychiatry  Harvard Medical School  Boston, Massachusetts</i></p>
11:10 AM–11:35 AM	<p><b><i>Are You Sleeping? Recognizing, Managing, and Referring Sleep Disorders at the Menopause Transition</i></b></p> <p><b>Suzanne Bertisch, MD, MPH</b>  <i>Clinical Director of Behavioral Sleep Medicine  Brigham and Women’s Hospital  Associate Professor of Medicine  Harvard Medical School  Boston, Massachusetts</i></p>
11:35 AM–12:00 PM	<p><b>Q&amp;A With Audience</b></p>

<b>12:00 NOON–1:00 PM</b>	<b>Plenary Symposium 11—<i>Query the Experts: Have Your Questions Answered</i></b> Sapphire Ballroom
	<p><b>Makeba Williams, MD, FACOG, MSCP—Moderator</b>  <i>Professor of Obstetrics and Gynecology  Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM)  University of Illinois College of Medicine  Chicago, Illinois</i></p>
<b>12:00 PM–1:00 PM</b>	<p><b>Panelists:</b></p> <p><b>Pelin Batur, MD, FACP, MSCP</b>  <i>Professor of Obstetrics, Gynecology, and Reproductive Biology  Cleveland Clinic Lerner College of Medicine of Case Western Reserve University  Ob/Gyn and Women’s Health Institute, Department of Subspecialty Women’s Health  Medical Director, Women’s Comprehensive Health and Research Center  Cleveland Clinic  Cleveland, Ohio</i></p> <p><b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF</b>  <i>Medical Director, The Menopause Society  Professor and Chair, Department of Medicine  Penny and Bill George Director, Mayo Clinic Center for Women’s Health  Mayo Clinic  Jacksonville, Florida</i></p> <p><b>Steven R Goldstein, MD, MSCP, CCD, FACOG, FRCOGH</b>  <i>Professor of Obstetrics and Gynecology  New York University Grossman School of Medicine  New York, New York</i></p> <p><b>Risa Kagan, MD, FACOG, CCD, MSCP</b>  <i>Clinical Professor, Department of Obstetrics, Gynecology and Reproductive Sciences  University of California San Francisco  Sutter East Bay Medical Group  Berkeley, California</i></p> <p><b>Cynthia A Stuenkel, MD, MSCP</b>  <i>Clinical Professor, Department of Medicine  University of California, San Diego  La Jolla, California</i></p>