

2026 ANNUAL MEETING



The
Menopause
Society™

October 20-24, 2026
Hilton Bayfront, San Diego

Bridging the Gap Between Research and Practice

(As of July 7, 2026)

Tuesday, October 20, 2026

1:00 PM–5:30 PM	<i>Menopause 101 Course</i> Sapphire Ballroom
1:00 PM–1:20 PM	<i>Welcome and Introductory Remarks and Overview of Menopause Basics</i> Monica M Christmas, MD, FACOG, MSCP—Course Director <i>Associate Medical Director, The Menopause Society Associate Professor and Director of the Menopause Program and Center for Women’s Integrated Health Section of Minimally Invasive Gynecologic Surgery UChicago Medicine and Biological Sciences Chicago, Illinois</i>
1:20 PM–1:40 PM	<i>Management of Vasomotor Symptoms</i> Stephanie S Faubion, MD, MBA, FACP, MSCP, IF <i>Medical Director, The Menopause Society Professor and Chair, Department of Medicine Penny and Bill George Director, Mayo Clinic Center for Women’s Health Mayo Clinic Jacksonville, Florida</i>
1:40 PM–2:00 PM	<i>Management of Genitourinary Syndrome of Menopause</i> Caroline Mitchell, MD, MPH <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Physician Investigator, Obstetrics and Gynecology Mass General Research Institute Boston, Massachusetts</i>
2:00 PM–2:20 PM	<i>Management of Hypoactive Sexual Desire Disorder</i> Holly N Thomas, MD, MS, MSCP <i>Assistant Professor of Medicine and Clinical and Translational Research Director of the Comparative Effectiveness Research Track Director of the Leadership and Discovery Program University of Pittsburgh Pittsburgh, Pennsylvania</i>
2:20 PM–2:30 PM	Break

2:30 PM–2:50 PM	<p><i>Cognitive Changes in Midlife</i></p> <p>Pauline M Maki, PhD <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology Director of Women’s Mental Health Research Associate Director of the Center for Research on Women and Gender Program Director of the K12 BIRCWH Program University of Illinois at Chicago Chicago, Illinois</i></p>
2:50 PM–3:10 PM	<p><i>Cardiometabolic Changes in Midlife</i></p> <p>Chrisandra L Shufelt, MD, MS, FACP, MSCP <i>Professor and Chair, Division of General Internal Medicine Associate Director, Women’s Health Research Center Mayo Clinic Jacksonville, Florida</i></p>
3:10 PM–3:30 PM	<p><i>Mood Changes in Midlife</i></p> <p>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR <i>Professor, Department of Psychiatry Director, Centre for Psychedelic Health and Research, Queen’s University Kingston, Ontario, Canada Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND) President and CEO, CAN-BIND Solutions Inc. Ontario, Canada</i></p>
3:30 PM–3:50 PM	<p><i>Night Sweats: What If It’s Not Menopause</i></p> <p>Cheryl Cox Kinney, MD, FACOG, MSCP <i>President, The Menopause Society Director, Center for Female Health and Hormone Disorders Dallas, Texas</i></p>
3:50 PM–4:00 PM	<p>Break</p>
4:00 PM–4:40 PM	<p><i>Case Discussions—What to Prescribe, When, and Why: Practical Prescribing in Menopause Care</i></p> <p>Monica M Christmas, MD, FACOG, MSCP—Moderator Cheryl Cox Kinney, MD, FACOG, MSCP—Moderator</p>
4:40 PM–5:30 PM	<p><i>Ask The Experts</i></p> <p>Monica M Christmas, MD, FACOG, MSCP—Moderator</p> <p><i>Panelists:</i></p> <p>Cheryl Cox Kinney, MD, FACOG, MSCP Stephanie S Faubion, MD, MBA, FACP, MSCP, IF Pauline M Maki, PhD Caroline Mitchell, MD, MPH Chrisandra L Shufelt, MD, MS, FACP, MSCP Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR Holly N Thomas, MD, MS, MSCP</p>

1:00 PM–5:30 PM	Bone Health 101 Course Indigo Ballroom—A-E
1:00 PM–1:20 PM	<i>Welcome and Introductory Remarks</i> <i>Overview of Bone Loss with the Menopause Transition</i> Sherri-Ann M Burnett-Bowie, MD, MPH—Course Director <i>Associate Professor of Medicine</i> <i>Harvard Medical School</i> <i>Distinguished Physician, Endocrinology Division</i> <i>Mass General Brigham Medicine</i> <i>Boston, Massachusetts</i>
1:20 PM–1:45 PM	<i>Screening for Osteopenia or Osteoporosis—Who, When, How?</i> Elaine W Yu, MD, MMSc <i>Associate Professor of Medicine</i> <i>Harvard Medical School</i> <i>Director, Bone Density Center</i> <i>Mass General Brigham Medicine</i> <i>Boston, Massachusetts</i>
1:45 PM–2:10 PM	<i>How Can Patients Prevent Developing Osteopenia, Osteoporosis, or Fractures?</i> Risa Kagan, MD, FACOG, CCD, MSCP <i>Clinical Professor</i> <i>Department of Obstetrics, Gynecology, and Reproductive Sciences</i> <i>University of California San Francisco</i> <i>Sutter East Bay Medical Group</i> <i>Berkeley, California</i>
2:10 PM–2:35 PM	<i>How Should a Patient With Osteopenia, Osteoporosis, or Fractures Be Treated?</i> Albert Shieh, MD <i>Associate Clinical Professor of Medicine</i> <i>Division of Geriatrics</i> <i>UCLA Health</i> <i>Los Angeles, California</i>
2:35 PM–2:45 PM	Break
2:45 PM–3:10 PM	<i>Antiosteoporosis Medication Side Effects Are Worse than the Actual Disease . . . Or Are They?</i> Michael McClung, MD, FACP, FACE, FASBMR <i>Founding and Emeritus Director</i> <i>Oregon Osteoporosis Center</i> <i>Portland, Oregon</i>

3:10 PM–3:35 PM	<p><i>Two Sides of the Coin: Balancing Obesity Treatments with Bone Loss and Fracture Risk</i></p> <p>Elaine W Yu, MD, MMSc <i>Associate Professor of Medicine Harvard Medical School Director, Bone Density Center Mass General Brigham Medicine Boston, Massachusetts</i></p>
3:35 PM–4:00 PM	<p><i>What is The Role of Exercise, Weighted Vests, Vibrating Machines, or Other Nontraditional Options in Optimizing Bone Health?</i></p> <p>Sherri-Ann M Burnett-Bowie, MD, MPH <i>Associate Professor of Medicine Harvard Medical School Distinguished Physician, Endocrinology Division Mass General Brigham Medicine Boston, Massachusetts</i></p>
4:00 PM–4:10 PM	<p>Break</p>
4:10 PM–4:35 PM	<p><i>How Clinicians Can Reduce Osteoporosis or Fracture-Related Health Disparities</i></p> <p>Sherri-Ann M Burnett-Bowie, MD, MPH <i>Associate Professor of Medicine Harvard Medical School Distinguished Physician, Endocrinology Division Mass General Brigham Medicine Boston, Massachusetts</i></p>
4:35 PM–5:30 PM	<p><i>Ask The Experts</i></p> <p>Pelin Batur, MD, FACP, MSCP—Moderator <i>Professor of Obstetrics, Gynecology, and Reproductive Biology Cleveland Clinic Lerner College of Medicine of Case Western Reserve University Ob/Gyn and Women’s Health Institute, Department of Subspecialty Women’s Health Medical Director, Women’s Comprehensive Health and Research Center Cleveland Clinic Cleveland, Ohio</i></p> <p><i>Panelists:</i></p> <p>Sherri-Ann M Burnett-Bowie, MD, MPH Risa Kagan, MD, FACOG, CCD, MSCP Michael McClung, MD, FACP, FACE, FASBMR Albert Shieh, MD Elaine W Yu, MD, MMSc</p>
1:00 PM–5:00 PM	<p>Menopause Research Workshop Aqua 310</p>
1:00 PM–1:10 PM	<p><i>Welcome and Workshop Overview</i></p> <p>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator <i>Associate Professor The University of Iowa College of Nursing Iowa City, Iowa</i></p>

1:10 PM–1:55 PM	<p><i>Menopause Research: How Far Have We Come and Where Are We Going? Leading Scholars Critically Examine the Evolution of Menopause Research</i></p>
	<p>Sara Looby, PhD, ANP-BC, FAAN—Moderator <i>Assistant Professor, Department of Medicine Harvard Medical School Clinical Investigator, Metabolism Unit, Endocrine Division Massachusetts General Hospital Boston, Massachusetts</i></p>
	<p>Panelists:</p> <p>Rebecca C Thurston, PhD, FABMR, FSBSM, FAHA <i>Associate Dean for Women’s Health Research Pittsburgh Foundation Chair in Women’s Health and Dementia Distinguished Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science Director, Center for Women’s Biobehavioral Health Research Program Director, Cardiovascular Behavioral Medicine Research Training Program University of Pittsburgh Pittsburgh, Pennsylvania</i></p> <p>Nancy Fugate Woods, BSN, PhD, FAAN <i>Professor Emeritus Biobehavioral Nursing & Health Informatics University of Washington School of Nursing Seattle, Washington</i></p>
	<p>Q&A With Audience</p>
1:55 PM–2:35 PM	<p><i>Starting Your Menopause Research Program—Part 1 Key Menopause Studies and How to Access and Work Within These Datasets</i></p>
	<p>Matthew Nudy, MD—Moderator <i>Assistant Professor of Medicine and Public Health Sciences Division of Cardiology Penn State College of Medicine Hershey, Pennsylvania</i></p>
1:55 PM–2:05 PM	<p><i>Study of Women’s Health Across the Nation (SWAN)</i></p> <p>Samar R El Khoudary, PhD, MPH, FAHA <i>Chair and Professor of Epidemiology, School of Public Health Director of Women’s Public Health Research Initiatives, Institute of Women’s Health Virginia Commonwealth University Richmond, Virginia</i></p>
2:05 PM–2:15 PM	<p><i>Women’s Health Initiative (WHI)</i></p> <p>Andrea LaCroix, PhD, MPH <i>Professor, Herbert Wertheim School of Public Health and Human Longevity Science UC San Diego San Diego, California</i></p>

2:15 PM–2:25 PM	<p>Menopause Strategies: Finding Lasting Answers for Symptoms and Health Trials (MsFLASH)</p> <p>Susan Reed, MD, MPH, MS <i>Professor Emeritus, Obstetrics and Gynecology University of Washington Seattle, Washington</i></p>
2:25 PM–2:35 PM	<p>Q&A With Audience</p>
2:35 PM–2:45 PM	<p>Break</p>
2:45 PM–3:30 PM	<p>Starting Your Menopause Research Program—Part 2 <i>From Pilot Studies to Clinical Trials: Feasibility, Methods, and Implementation</i></p>
	<p>Robin Austin, PhD, DNP, RN, FAMIA, FAAN—Moderator <i>Associate Professor University of Minnesota School of Nursing Minneapolis, Minnesota</i></p>
2:45 PM–3:00 PM	<p>Getting Started with Interventional Research</p> <p>Alison Huang, MD, MPhil, MAS <i>Professor of Medicine, Urology and Epidemiology and Biostatistics Director of Research for General Internal Medicine at UCSF Health Director of the UCSF Health Women's Health Clinical Research Center University of California San Francisco San Francisco, California</i></p>
3:00 PM–3:15 PM	<p>Ariel J Lang, PhD, MPH <i>Clinical Psychologist VA San Diego Healthcare System Professor in Residence Department of Psychiatry and Herbert Wertheim School of Public Health and Human Longevity Science UC San Diego San Diego, California</i></p>
3:15 PM–3:30 PM	<p>Q&A With Audience</p>
3:30 PM–4:10 PM	<p>Starting Your Menopause Research Program—Part 3 <i>How Menopause Research Makes It Into Real World Care</i></p>
	<p>Elizabeth Lorenzo, PhD, RN—Moderator <i>Assistant Professor University of Texas Medical Branch School of Nursing Galveston, Texas</i></p>
3:30 PM–3:45 PM	<p>MenoGap</p> <p>Lisa J Taylor-Swanson, PhD, LAc, Dipl OM (NCBAHM) <i>Associate Professor College of Nursing at University of Utah Salt Lake City, Utah</i></p>

3:45 PM–4:00 PM	<p><i>Working Effectively with US Food and Drug Administration: Early Career Strategies for Research Success</i></p> <p>Christina Chang, MD, MPH <i>Director of the Division of Urology, Obstetrics, and Gynecology Office of New Drugs in the Center for Drug Evaluation and Research US Food and Drug Administration Washington, DC</i></p>
4:00 PM–4:10 PM	<p>Q&A With Audience</p>
4:10 PM–4:40 PM	<p><i>Meet and Greet and Networking</i></p> <p>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator <i>Associate Professor The University of Iowa College of Nursing Iowa City, Iowa</i></p>
4:40 PM–5:00 PM	<p><i>Next Steps: Resources and Opportunities</i></p> <p>Carolyn Gibson, PhD, MPH, MSCP, FABMR <i>Associate Director, Center for Data to Discovery and Delivery Innovation (3DI) San Francisco VA Health Care System Associate Professor, Department of Psychiatry and Behavioral Sciences University of California, San Francisco San Francisco, California</i></p>
<p>Wednesday, October 21, 2026</p>	
7:30 AM–8:00 AM	<p>Coffee Service for Opening Symposium Rotunda—Convention Level</p>
8:00 AM–12:00 PM	<p>Opening Symposium—<i>Cutting Through the Noise: The Evidence for Incorporating the Six Pillars of Lifestyle Medicine for Menopause</i> Sapphire Ballroom</p>
8:00 AM–8:10 AM	<p><i>Welcome and Introductory Remarks</i></p> <p>Makeba Williams, MD, FACOG, MSCP—Chair, Scientific Program Committee <i>Professor of Obstetrics and Gynecology Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM) University of Illinois College of Medicine Chicago, Illinois</i></p>
8:10 AM–8:30 AM	<p><i>Move the Needle: What the Evidence Actually Says About Exercise in Menopause</i></p> <p>Amy Comander, MD <i>Director, Lifestyle Medicine Program Director, Breast Oncology and Cancer Survivorship Mass General Brigham Cancer Institute Boston, Massachusetts</i></p>

8:30 AM–8:50 AM	<p><i>Do You Really Need That Supplement? Cutting Through Nutrition Myths in Menopause</i></p> <p>Annina Burns, PhD, RD <i>Health Science Policy Analyst National Institute of Health Washington, DC</i></p>
8:50 AM–9:10 AM	<p><i>Socially Connected and Clinically Well: What the Evidence Says About Connectedness in Menopause</i></p> <p>Michelle Tollefson, MD, FACOG <i>Professor Health Professions Department Metropolitan State University of Denver Denver, Colorado</i></p>
9:10 AM–9:30 AM	<p><i>Beyond Self-Care: An Evidence-Based Approach to Stress and Mental Well-being in Menopause</i></p> <p>Michelle L Thompson, DO, AOBFP, ABOIM, DipABLM, FACLM <i>Vice President of Medical Staff UPMC Horizon and Jameson Medical Director UPMC Lifestyle Medicine Program Associate Professor of Family Medicine, University of Pittsburgh School of Medicine Adjunct Clinical Professor, Philadelphia and Lake Erie College of Osteopathic Medicine Pittsburgh, Pennsylvania</i></p>
9:30 AM–10:00 AM	<p>Q&A With Audience</p>
10:00 AM–10:20 AM	<p>Break</p>
10:20 AM–10:40 AM	<p><i>Rest Assured: What We Know and What We Can Do About Sleep at Menopause</i></p> <p>Suzanne Bertisch, MD, MPH <i>Clinical Director of Behavioral Sleep Medicine Brigham and Women’s Hospital Associate Professor of Medicine Harvard Medical School Boston, Massachusetts</i></p>
10:40 AM–11:00 AM	<p><i>Is It Helping or Hurting? Clinical Counseling Strategies for Substance Use in Midlife Women</i></p> <p>Carolyn Gibson, PhD, MPH, MSCP, FABMR <i>Associate Director, Center for Data to Discovery and Delivery Innovation (3DI) San Francisco VA Health Care System Associate Professor, Department of Psychiatry and Behavioral Sciences University of California, San Francisco San Francisco, California</i></p>

11:00 AM–11:20 AM	<i>From Pillars to Practice: Integrating Lifestyle Medicine Into Menopause Care</i> Karen E Adams MD, FACOG, DipABLM, MSCP <i>Farwell Family Director, Stanford Program in Menopause and Healthy Aging Faculty Affiliate, Stanford Center on Longevity Clinical Professor, Obstetrics and Gynecology Stanford University Palo Alto, California</i>
11:20 AM–12:00 PM	Q&A With Audience
12:00 PM–2:15 PM	Free Time Industry Education Session
1:30 PM–2:00 PM	Industry Education Session Indigo Ballroom—A-E <i>Supported by</i> Sumitomo Pharma America
2:15 PM–2:30 PM	Welcome and Introductory Remarks Sapphire Ballroom
2:15 PM–2:20 PM	Cheryl Cox Kinney, MD, FACOG, MSCP—President <i>Director, Center for Female Health and Hormone Disorders Dallas, Texas</i>
2:20 PM–2:25 PM	Stephanie S Faubion, MD, MBA, FACP, MSCP, IF—Medical Director <i>Professor and Chair, Department of Medicine Penny and Bill George Director, Mayo Clinic Center for Women’s Health Mayo Clinic Jacksonville, Florida</i>
2:25 PM–2:30 PM	Makeba Williams, MD, FACOG, MSCP—Chair, Scientific Program Committee <i>Professor of Obstetrics and Gynecology Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM) University of Illinois College of Medicine Chicago, Illinois</i>
2:30 PM–4:30 PM	Presidential Symposium 1—The Toll of Estrogen Avoidance Sapphire Ballroom
	Cheryl Cox Kinney, MD, FACOG, MSCP—Moderator <i>President, The Menopause Society Director, Center for Female Health and Hormone Disorders Dallas, Texas</i>
2:30 PM–2:50 PM	<i>The Cardiovascular Consequences of Estrogen Avoidance</i> Matthew Nudy, MD <i>Assistant Professor of Medicine and Public Health Sciences Division of Cardiology Penn State College of Medicine Hershey, Pennsylvania</i>
2:50 PM–3:10 PM	<i>Estrogen and Skeletal Integrity: The Forgotten Foundation of Bone Health</i> Michael McClung, MD, FACP, FACE, FASBMR <i>Founding and Emeritus Director Oregon Osteoporosis Center Portland, Oregon</i>

3:10 PM–3:30 PM	<p>Early Menopause and the Impact on All-Cause Mortality</p> <p>Monica M Christmas, MD, FACOG, MSCP Associate Medical Director, The Menopause Society Associate Professor and Director of the Menopause Program and Center for Women’s Integrated Health Section of Minimally Invasive Gynecologic Surgery UChicago Medicine and Biological Sciences Chicago, Illinois</p>
3:30 PM–3:50 PM	<p>Contextualizing Risk of Stroke and Breast Cancer: Estrogen Compared to Other Therapies</p> <p>Howard N Hodis, MD Professor of Medicine Harry J. Bauer and Dorothy Bauer Rawlins Professorship in Cardiology Keck School of Medicine of USC Los Angeles, California</p>
3:50 PM–4:10 PM	<p>Breast Cancer Survivors: The Consequences of Estrogen Avoidance and Reconsidering the Estrogen Option</p> <p>James A Simon, MD, CCD, MSCP, IF, FACOG Clinical Professor George Washington University Washington, DC</p>
4:10 PM–4:30 PM	<p>Q&A With Audience</p>
4:30 PM–5:30 PM	<p>30 Years of SWAN: Transforming What We Know About Menopause Sapphire Ballroom</p>
	<p>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator Associate Professor The University of Iowa College of Nursing Iowa City, Iowa</p>
4:30 PM–4:50 PM	<p>Daily Hormone Patterns Across the Menopause Transition: New Insights and Discoveries</p> <p>Nanette F Santoro, MD Professor and E Stewart Taylor Chair of Obstetrics and Gynecology University of Colorado School of Medicine Anschutz Medical Campus Aurora, Colorado</p>
4:50 PM–5:10 PM	<p>The Impact of Menopause on Bone Loss and Body Composition: Insights from SWAN</p> <p>Sherri-Ann M Burnett-Bowie, MD, MPH Associate Professor of Medicine Harvard Medical School Distinguished Physician, Endocrinology Division Mass General Brigham Medicine Boston, Massachusetts</p>

5:10 PM–5:30 PM	<p><i>Menopause and Women’s Cardiovascular Health: What the SWAN Data Tells Us</i></p> <p>Rebecca C Thurston, PhD, FABMR, FSBSM, FAHA <i>Associate Dean for Women’s Health Research Pittsburgh Foundation Chair in Women’s Health and Dementia Distinguished Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science Director, Center for Women’s Biobehavioral Health Research Program Director, Cardiovascular Behavioral Medicine Research Training Program University of Pittsburgh Pittsburgh, Pennsylvania</i></p>
5:30 PM–6:30 PM	<p>President’s Cocktail Reception Promenade Plaza</p>
Thursday, October 22, 2026	
7:00 AM–8:00 AM	<p>Continental Breakfast for Registrants of the Main Program</p>
8:15 AM–9:00 AM	<p>Keynote Address Sapphire Ballroom</p>
8:15 AM–8:45 AM	<p>To Be Announced</p>
8:45 AM–9:00 AM	<p>Q&A With Audience</p>
9:00 AM–10:30 AM	<p>Plenary Symposium 2—<i>More Than Survival: A Multidisciplinary Approach to Menopause Care Across the Cancer Continuum</i> Sapphire Ballroom</p>
	<p>Stacy M. Selbert, MSN, WHNP, MSCP—Moderator <i>Nurse Practitioner WashU Medicine St. Louis, Missouri</i></p>
9:00 AM–9:20 AM	<p><i>Cancer Treatment and the Hormonal Milieu: An Oncologist's Perspective</i></p> <p>VK Gadi, MD, PhD <i>Deputy Director, University of Illinois Cancer Center Professor and Director, Medical Oncology, University of Illinois at Chicago Attending Physician, University of Illinois Health Chicago, Illinois</i></p>
9:20 AM–9:40 AM	<p><i>Gynecologic Care Across the Previsor and Survivor Continuum</i></p> <p>Versha Pleasant, MD, MPH <i>Clinical Assistant Professor Director, Cancer Genetics and Breath Health Department of OB/GYN University of Michigan Ann Arbor, Michigan</i></p>

9:40 AM–10:00 AM	<p><i>Shared Decision-Making for Menopause Management in Cancer Survivorship</i></p> <p>Heidi Trott, ARNP, MSN <i>University of Washington, Fred Hutchinson Cancer Center Director, High Risk Cancer Genetics Clinic Seattle, Washington</i></p>
10:00 AM–10:30 AM	<p>Q&A With Audience</p>
10:30 AM–11:15 AM	<p>Refreshment Break for Registrants of the Main Program</p>
10:45 AM–11:15 AM	<p>Industry Education Session Indigo Ballroom—A-E <i>Supported by</i> Astellas <i>Premier Partner of the 2026 Annual Meeting</i></p>
11:15 AM–12:30 PM	<p>Plenary Symposium 3—<i>Menopause and Longevity Medicine: What We Know, What We Don't Know, and What We Shouldn't Promise</i> Sapphire Ballroom</p>
	<p>Jan L Shifren, MD, MSCP—Moderator <i>Director, Midlife Women's Health Center Massachusetts General Hospital Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Boston, Massachusetts</i></p>
11:15 AM–11:40 AM	<p><i>Hormone Therapy and Cognition: Current Evidence and Clinical Implications</i></p> <p>Pauline M Maki, PhD <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology Director of Women's Mental Health Research Associate Director of the Center for Research on Women and Gender Program Director of the K12 BIRCWH Program University of Illinois at Chicago Chicago, Illinois</i></p>
11:40 AM–12:05 PM	<p><i>Hormone Therapy and Cardiovascular Disease Risk: Current Evidence and Clinical Implications</i></p> <p>Chrisandra L Shufelt, MD, MS, FACP, MSCP <i>Professor and Chair, Division of General Internal Medicine Associate Director, Women's Health Research Center Mayo Clinic Jacksonville, Florida</i></p>
12:05 PM–12:30 PM	<p>Q&A With Audience</p> <p>VK Gadi, MD, PhD Pauline M Maki, PhD Chrisandra L Shufelt, MD, MS, FACP, MSCP</p>
12:30 PM–12:45 PM	<p>Box Lunches Distributed for Registrants of the Main Program Sapphire Ballroom</p>

12:45 PM–2:15 PM	Plenary Symposium 4—<i>Mind the Gap: Mood Disorders, Suicide Risk, and the Menopause Transition</i> Sapphire Ballroom
	Gloria A Richard-Davis, MD, MBA, MSCP, FACOG—Moderator <i>Northwest Regional Dean for More in Common Alliance Common Spirit Health, Virginia Mason Franciscan Health System Seattle, Washington</i>
12:45 PM–1:05 PM	<i>Mood Disorders and the Menopause Transition: What Every Clinician Needs to Know</i> Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR <i>Professor, Department of Psychiatry Director, Centre for Psychedelic Health and Research, Queen’s University Kingston, Ontario, Canada Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND) President and CEO, CAN-BIND Solutions Inc. Ontario, Canada</i>
1:05 PM–1:25 PM	<i>Suicide Risk in Midlife Women: Recognizing the Warning Signs During the Menopause Transition</i> Mary Kimmel, MD, PhD <i>Associate Professor of Psychiatry University School of Medicine in St. Louis St. Louis, Missouri</i>
1:25 PM–1:45 PM	<i>Beyond the Diagnosis: Resilience, Loneliness, and Psychological Wellbeing</i> Ellen E Lee, MD <i>Estelle and Edgar Levi Memorial Chair in Aging Professor and Division Chief of Geriatric Psychiatry, UC San Diego Program Director, Geriatric Psychiatry Fellowship, UC San Diego/San Diego VA Medical Center Staff Psychiatrist, VA San Diego Healthcare System San Diego, California</i>
1:45 PM–2:15 PM	Q&A With Audience
2:15 PM–3:00 PM	Refreshment Break for Registrants of the Main Program
2:30 PM–3:00 PM	Industry Education Session Indigo Ballroom—A-E <i>Supported by</i> Bayer <i>Premier Partner of the 2026 Annual Meeting</i>
3:00 PM–4:30 PM	Plenary Symposium 5—<i>Midlife Dermatology: Evidence-Based Care for Skin and Hair Changes in Menopause</i> Sapphire Ballroom
	Cheryl Cox Kinney, MD, FACOG, MSCP—Moderator <i>President, The Menopause Society Director, Center for Female Health and Hormone Disorders Dallas, Texas</i>

3:00 PM–3:25 PM	<p><i>Skin, Hormones, and Menopause: From Research to Clinical Practice</i></p> <p>Shoshana Marmon, MD, PhD, FAAD <i>Chair, Menopause and Women’s Health in Dermatology Quality Improvement Workgroup Assistant Professor and Director of Clinical Research Department of Dermatology New York Medical College New York, New York</i></p>
3:25 PM–3:50 PM	<p><i>Midlife Hair Loss: What Every Menopause Clinician Needs to Know</i></p> <p>Paradi Mirmirani, MD <i>Interim Medical Director, Clinical Trials Program Regional Director, Hair Disorders Physician Lead for Dermatology Research, Education and Academics Kaiser Permanente Volunteer Associate Clinical Professor Department of Dermatology University of California, San Francisco San Francisco, California</i></p>
3:50 PM–4:15 PM	Q&A With Audience
4:15 PM–4:30 PM	Break
4:30 PM–6:00 PM	<p>Concurrent Session 1—Abstract Presentations Sapphire Ballroom</p>
4:30 PM–4:45 PM	Abstract 1
4:45 PM–5:00 PM	Abstract 2
5:00 PM–5:15 PM	Abstract 3
5:15 PM–5:30 PM	Abstract 4
5:30 PM–5:45 PM	Abstract 5
5:45 PM–6:00 PM	Abstract 6
4:30 PM–6:00 PM	<p>Concurrent Session 2—Abstract Presentations Indigo Ballroom—A-E</p>
4:30 PM–4:45 PM	Abstract 1
4:45 PM–5:00 PM	Abstract 2
5:00 PM–5:15 PM	Abstract 3
5:15 PM–5:30 PM	Abstract 4

5:30 PM–5:45 PM	Abstract 5
5:45 PM–6:00 PM	Abstract 6
6:15 PM–7:15 PM	Poster Session and Wine and Cheese Reception for Registrants of the Main Program Indigo Exhibit Hall
Friday, October 23, 2026	
7:00 AM–8:00 AM	Continental Breakfast for Registrants of the Main Program
7:00 AM–7:45 AM	Coffee With Colleagues Continental Breakfast
7:55 AM–8:30 AM	Annual Membership Town Hall Sapphire Ballroom
8:30 AM–9:00 AM	The Menopause Society/Pfizer Wulf H Utian Endowed Lecture Sapphire Ballroom
	Isaac Schiff, CM, MD—Moderator <i>Chief Emeritus, Department of Obstetrics and Gynecology</i> <i>Co-Director, Massachusetts General Hospital Midlife Women’s Health Center</i> <i>Joe Vincent Meigs, Distinguished Professor of Gynecology, Harvard Medical School</i> <i>Boston, Massachusetts</i>
8:30 AM–8:50 AM	<i>A New Era in Therapy for Autoimmune Diseases: Chimeric Antigen Receptor T-Cell Therapy Brings the Prospect of ‘CURE’ Within Reach</i> Vikas Majithia, MBBS, MPH <i>Chair, Division of Rheumatology</i> <i>Department of Medicine</i> <i>Mayo Clinic</i> <i>Jacksonville, Florida</i>
8:50 AM–9:00 AM	Q&A With Audience
9:00 AM–10:30 AM	Plenary Symposium 6—<i>Beyond the Basics: Cardiovascular Risk, Lipid Management, and Sex-Based Differences at Menopause</i> Sapphire Ballroom
	Sara Looby, PhD, ANP-BC, FAAN—Moderator <i>Assistant Professor, Department of Medicine</i> <i>Harvard Medical School</i> <i>Clinical Investigator, Metabolism Unit, Endocrine Division</i> <i>Massachusetts General Hospital</i> <i>Boston, Massachusetts</i>
9:00 AM–9:20 AM	<i>Assessing the Risk: Primary Prevention Guidelines and Their Application in Midlife Women</i> Emily S Lau, MD, MPH <i>Assistant Professor of Medicine, Harvard Medical School</i> <i>Director, Cardiometabolic Health and Hormones Clinic</i> <i>Corrigan Women’s Heart Health Program</i> <i>Massachusetts General Hospital</i> <i>Boston, Massachusetts</i>

9:20 AM–9:40 AM	<p><i>Beyond Statins: Lipo(a), Familial Hyperlipidemia, and Novel Strategies for Cardiovascular Risk Reduction</i></p> <p>TBA</p>
9:40 AM–10:00 AM	<p><i>Sex, Lipids, and Menopause: What the Updated AHA Guidelines Mean for Women’s Cardiovascular Care</i></p> <p>Janet Lo, MD, MS <i>Director, Lipid and Metabolism Associates Associate Professor of Medicine Harvard Medical School Boston, Massachusetts</i></p>
10:00 AM–10:30 AM	<p>Q&A With Audience</p>
10:30 AM–11:15 AM	<p>Refreshment Break for Registrants of the Main Program</p>
10:45 AM–11:15 AM	<p>Industry Education Session Indigo Ballroom—A-E <i>Supported by</i> Cosette Pharmaceuticals</p>
11:15 AM–12:45 PM	<p>Plenary Symposium 7—<i>When the Pelvis Hurts: Bleeding, Urgency, and Pain</i> Sapphire Ballroom</p>
	<p>Oona O’Neil, MD—Moderator</p> <p><i>Obstetrician/Gynecologist Atrium Health/Wake Forest School of Medicine Winston-Salem, North Carolina</i></p>
11:15 AM–11:35 AM	<p><i>Is This Normal? Evaluating Abnormal Uterine Bleeding Across the Perimenopause to Postmenopause Spectrum</i></p> <p>Linda D Bradley, MD <i>Professor, Obstetrics, Gynecology, and Reproductive Biology Cleveland Clinic Cleveland, Ohio</i></p>
11:35 AM–11:55 PM	<p><i>Overactive Bladder in Midlife Women: Recognition, Management, and the Menopause Connection</i></p> <p>Heidi Brown, MD, MAS <i>Clinician Researcher, Division of Health Services Research and Implementation Science Department of Research Evaluation Kaiser Permanente San Diego, California</i></p>

11:55 PM–12:15 PM	<p><i>When Pain Persists: Chronic Pelvic and Sexual Pain in Midlife Women Through a Biopsychosocial Lens</i></p> <p>Kathryn Witzeman, MD, FACOG <i>Clinical Professor, Department of Obstetrics and Gynecology University of Colorado Gynecologic Surgeon, Grand River Health Rifle, Colorado</i></p>
12:15 PM–12:45 PM	Q&A With Audience
12:45 PM–1:00 PM	<p>Box Lunches Distributed for Registrants of the Main Program Sapphire Ballroom</p>
1:00 PM–2:00 PM	<p>Top Scoring Abstract Session Sapphire Ballroom</p>
1:00 PM–1:15 PM	Abstract 1
1:15 PM–1:30 PM	Abstract 2
1:30 PM–1:45 PM	Abstract 3
1:45 PM–2:00 PM	Abstract 4
2:00 PM–3:30 PM	<p>Plenary Symposium 8—<i>Beyond Hormones: Emerging and Established Pharmacologies in Perimenopause and Menopause Management</i> Sapphire Ballroom</p>
	<p>Laurie S Jeffers, DNP, FNP-BC, MSCP—Moderator <i>Cofounder and Former Codirector, Center for Midlife Health and Menopause NYU Langone Health, Grossman School of Medicine New York, New York</i></p>
2:00 PM–2:20 PM	<p><i>Decoding the Estrogen Receptor: The Science Behind SERMs, SERDs, and Tissue-Selective Pharmacology</i></p> <p>Donald P McDonnell, PhD <i>Glaxo-Wellcome Distinguished Professor of Molecular Cancer Biology, in the School of Medicine Professor of Pharmacology and Cancer Biology Professor in Medicine Professor of Cell Biology Duke University School of Medicine Durham, North Carolina</i></p>
2:20 PM–2:40 PM	<p><i>Rewiring the Thermostat: From the Thermoneutral Zone to KNDy Neurons and Targeted Menopause Therapies</i></p> <p>Genevieve Neal-Perry, MD, PhD <i>Department Chair, Obstetrics and Gynecology Robert A. Ross Distinguished Professor, Reproductive Endocrinology and Infertility UNC School of Medicine Chapel Hill, North Carolina</i></p>

2:40 PM–3:00 PM	<i>Beyond the Hot Flash: NKB Antagonism, Sleep Architecture, and the Cognitive Dimensions of Menopause Treatment</i> JoAnn V Pinkerton, MD, MSCP <i>Mamie A Jessup Professor of Obstetrics and Gynecology Division Director for Midlife Health Founder, University of Virginia Midlife Health Center Charlottesville, Virginia</i>
3:00 PM–3:30 PM	Q&A With Audience
3:30 PM–4:15 PM	Refreshment Break for Registrants of the Main Program
3:45 PM–4:15 PM	Industry Education Session Indigo Ballroom—A-E <i>Supported by</i> Novo Nordisk
4:15 PM–5:30 PM	Concurrent Session 1—Abstract Presentations Sapphire Ballroom
4:15 PM–4:30 PM	Abstract 1
4:30 PM–4:45 PM	Abstract 2
4:45 PM–5:00 PM	Abstract 3
5:00 PM–5:15 PM	Abstract 4
5:15 PM–5:30 PM	Abstract 5
4:15 PM–5:30 PM	Concurrent Session 2—Abstract Presentations Indigo Ballroom—A-E
4:15 PM–4:30 PM	Abstract 1
4:30 PM–4:45 PM	Abstract 2
4:45 PM–5:00 PM	Abstract 3
5:00 PM–5:15 PM	Abstract 4
5:15 PM–5:30 PM	Abstract 5
5:45 PM–6:45 PM	Donor Cocktail Party
Saturday, October 24, 2026	
7:00 AM–8:00 AM	Continental Breakfast for Registrants of the Main Program

8:00 AM–8:15 AM	Announcement of Poster Prizes Sapphire Ballroom
8:15 AM–8:45 AM	The Menopause Society/Kleinman Endowed Lecture Sapphire Ballroom
	Makeba Williams, MD, FACOG, MSCP—Moderator <i>Professor of Obstetrics and Gynecology Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM) University of Illinois College of Medicine Chicago, Illinois</i>
8:15 AM–8:35 AM	<i>US Food and Drug Administration Office of Women’s Health’s Role in Advancing Therapeutics for Midlife and Menopausal Women</i> Kaveeta P Vasisht, MD, PharmD <i>Associate Commissioner for Women’s Health Director, Office of Women’s Health Office of the Commissioner Food and Drug Administration Washington, DC</i>
8:35 AM–8:45 AM	Q&A With Audience
8:45 AM–10:15 AM	Plenary Symposium 9—<i>Desire, Arousal, and the Pelvic Floor: Sexual Health Across the Menopause Transition</i> Sapphire Ballroom
	Sheryl A Kingsberg, PhD—Moderator <i>Chief, Division of Behavioral Medicine, Department of Ob/Gyn University Hospitals Cleveland Medical Center Professor, Departments of Reproductive Biology, Psychiatry, and Urology Case Western Reserve University School of Medicine Cleveland, Ohio</i>
8:45 AM–9:15 AM	<i>Hypoactive Sexual Desire Disorder: Applying the Updated International Society for the Study of Women’s Sexual Health Guidelines in Multidisciplinary Practice</i> Jewel M Kling, MD, MPH, MSCP, MACP, IF <i>Professor of Medicine Chair, Women’s Health Internal Medicine Suzanne Hanson Poole Dean, Mayo Clinic Alix School of Medicine, Arizona Campus Mayo Clinic Scottsdale, Arizona</i>
9:15 AM–9:35 AM	<i>When Arousal and Orgasm Are Elusive: A Clinical Framework for Midlife Women</i> Sally MacPhedran, MD, MS <i>Obstetrician and Gynecologist University Hospitals of Cleveland Medical Director, Physician Assistant Program Case Western Reserve University Cleveland, Ohio</i>

9:35 AM–9:55 AM	<p><i>What the Pelvic Floor Has to Do With It: Rehabilitation Science and Sexual Function in Midlife Women</i></p> <p>Karen R Brandon, PT, MPT, DSc <i>Clinical Instructor, Physical Therapy School of Allied Health Professions Loma Linda University Loma Linda, California</i></p>
9:55 AM–10:15 AM	<p>Q&A With Audience</p>
10:15 AM–10:45 AM	<p>Refreshment Break for Registrants of the Main Program</p>
10:45 AM–12:00 PM	<p>Plenary Symposium 10—<i>Sleep Across the Menopause Continuum: What the Science Says and What Clinicians Can Do</i></p>
	<p>Holly-Marie Bolger, DO, MSCE, MSCP—Moderator <i>Clinical Associate Professor of Obstetrics and Gynecology The University of Iowa Iowa City, Iowa</i></p>
10:45 AM–11:10 AM	<p><i>The Interrupted Night: Silent Health Consequences of Menopausal Sleep Disturbance</i></p> <p>Shadab A Rahman, PhD, MPH <i>Director of Sleep, Circadian, and Behavioral Health Research Department of Psychiatry, Beth Israel Deaconess Medical Center Assistant Professor of Psychiatry Harvard Medical School Boston, Massachusetts</i></p>
11:10 AM–11:35 AM	<p><i>Are You Sleeping? Recognizing, Managing, and Referring Sleep Disorders at the Menopause Transition</i></p> <p>Suzanne Bertisch, MD, MPH <i>Clinical Director of Behavioral Sleep Medicine Brigham and Women’s Hospital Associate Professor of Medicine Harvard Medical School Boston, Massachusetts</i></p>
11:35 AM–12:00 PM	<p>Q&A With Audience</p>
12:00 NOON–1:00 PM	<p>Plenary Symposium 11—<i>Query the Experts: Have Your Questions Answered</i> Sapphire Ballroom</p>
	<p>Makeba Williams, MD, FACOG, MSCP—Moderator <i>Professor of Obstetrics and Gynecology Clinical Director of the Center for Health, Awareness, and Research on Menopause (CHARM) University of Illinois College of Medicine Chicago, Illinois</i></p>

12:00 PM–1:00 PM**Panelists:****Pelin Batur, MD, FACP, MSCP**

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