

# 2025 Annual Meeting

October 21-25, 2025 | Hyatt Regency, Orlando



## Optimizing Health and Longevity at Menopause and Beyond

(As of July 10, 2025)

### Tuesday, October 21, 2025

1:00 PM–5:15 PM	<b>Menopause 101 Course</b> Regency Ballroom T-V—Convention Level
1:00 PM–1:20 PM	<b>Welcome and Introductory Remarks and Overview of Menopause Basics</b>  <b>Monica M Christmas, MD, FACOG, MSCP—Course Director</b> <i>Associate Medical Director, The Menopause Society            Associate Professor and Director of the Menopause Program and Center for Women's Integrated Health            Section of Minimally Invasive Gynecologic Surgery            UChicago Medicine and Biological Sciences            Chicago, Illinois</i>
1:20 PM–1:40 PM	<b>Hormone Treatment for Vasomotor Symptoms</b>  <b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF</b> <i>Medical Director, The Menopause Society            Professor and Chair, Department of Medicine            Penny and Bill George Director, Mayo Clinic Center for Women's Health            Mayo Clinic            Jacksonville, Florida</i>
1:40 PM–2:00 PM	<b>Nonhormone Treatment for Vasomotor Symptoms</b>  <b>Janet S Carpenter, PhD, RN, FAAN</b> <i>Interim Dean            Audrey Geisel Endowed Chair in Innovation            Distinguished Professor            Indiana University School of Nursing            Indianapolis, Indiana</i>
2:00 PM–2:20 PM	<b>Management of Perimenopause Symptoms</b>  <b>Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, MSCP</b> <i>Professor, Department of Family and Community Medicine            University of Toronto            Toronto, Ontario, Canada</i>
2:20 PM–2:40 PM	<b>Management of Genitourinary Syndrome of Menopause</b>  <b>Caroline Mitchell, MD, MPH</b> <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology            Harvard Medical School            Physician Investigator, Obstetrics and Gynecology            Mass General Research Institute            Boston, Massachusetts</i>

## Tuesday, October 21, 2025

2:40 PM–3:00 PM	<b><i>Management of Primary Ovarian Insufficiency, Premature Menopause, and Early Menopause</i></b>  <b>Cynthia A Stuenkel, MD, MSCP</b> <i>Clinical Professor, Department of Medicine  University of California, San Diego  La Jolla, California</i>
3:00 PM–3:20 PM	<b>Q&amp;A With Audience</b>
3:20 PM–3:40 PM	<b>Break</b>
3:40 PM–4:00 PM	<b><i>Management of Sexual Dysfunction at Menopause</i></b>  <b>Sandy J Falk, MD</b> <i>Clinical Instructor in Obstetrics, Gynecology, and Reproductive Biology  Harvard Medical School  Boston, Massachusetts</i>
4:00 PM–4:20 PM	<b><i>Overview of Cognitive Behavioral Therapy for Vasomotor Symptoms, Insomnia, Anxiety, and Depression</i></b>  <b>Danette Conklin, PhD</b> <i>Director, Behavioral Health Services for Bariatric Surgery and Weight Management, University Hospitals  Assistant Professor of Psychiatry and of Obstetrics and Gynecology, CWRU School of Medicine  Lead Investigator, Midlife Wellness for Women  Cleveland, Ohio</i>
4:20 PM–5:15 PM	<b>Case Discussions and Q&amp;A Session</b>
1:00 PM–5:15 PM	<b><i>Sexual Health 101 Course</i></b> Orlando Ballroom—Convention Level
1:00 PM–1:05 PM	<b><i>Welcome and Introductory Remarks</i></b>  <b>Sheryl A Kingsberg, PhD—Course Director</b> <i>Chief, Division of Behavioral Medicine, Department of Ob/Gyn  University Hospitals Cleveland Medical Center  Professor, Departments of Reproductive Biology, Psychiatry, and Urology  Case Western Reserve University School of Medicine  Cleveland, Ohio</i>
1:05 PM–1:25 PM	<b><i>A Primer for Office-Based Assessment and Diagnosis of Female Sexual Problems</i></b>  <b>Jewel M Kling, MD, MPH, MSCP, MACP, IF</b> <i>Professor of Medicine  Chair, Women's Health Internal Medicine  Suzanne Hanson Poole Dean, Mayo Clinic Alix School of Medicine, Arizona Campus  Mayo Clinic  Scottsdale, Arizona</i>

## Tuesday, October 21, 2025

1:25 PM–1:50 PM	<p><b>Psychotherapy for Female Sexual Dysfunction</b></p> <p><b>Sheryl A Kingsberg, PhD</b>  <i>Chief, Division of Behavioral Medicine, Department of Ob/Gyn  University Hospitals Cleveland Medical Center  Professor, Departments of Reproductive Biology, Psychiatry, and Urology  Case Western Reserve University School of Medicine  Cleveland, Ohio</i></p>
1:50 PM–2:15 PM	<p><b>Nonhormone Pharmacologic Treatments for Female Sexual Dysfunction</b></p> <p><b>Sharon J Parish, MD, MSCP</b>  <i>Professor of Medicine in Clinical Psychiatry  Weill Cornell Medicine  White Plains, New York</i></p>
2:15 PM–2:40 PM	<p><b>Androgens for Treating Hypoactive Sexual Desire Disorder in Postmenopausal Women</b></p> <p><b>Susan R Davis, MBBS, FRACP, PhD</b>  <i>Professor and Head  Monash University Women's Health Research Program  Melbourne, Victoria, Australia</i></p>
2:40 PM–3:05 PM	<p><b>How to Manage Sexual Dysfunction Due to Genitourinary Syndrome of Menopause</b></p> <p><b>Sarah Cigna, MD, MS, FACOG, IF, MSCP</b>  <i>Assistant Professor of Obstetrics and Gynecology  Director, Sexual Health and Gender Affirmation (SAGA) Center  George Washington University  Washington, DC</i></p>
3:05 PM–3:25 PM	<b>Q&amp;A With Audience</b>
3:25 PM–3:45 PM	<b>Break</b>
3:45 PM–4:10 PM	<p><b>Sexual Function in Cancer Patients: Causes and Treatments</b></p> <p><b>Stacy Tessler Lindau, MD, MA</b>  <i>Catherine Lindsay Dobson Professor of Obstetrics and Gynecology  Professor of Medicine, UChicago Medicine  Chicago, Illinois</i></p>
4:10 PM–4:35 PM	<p><b>Clinical Management of Female Sexual Problems Using Lubricants, Moisturizers, and Devices</b></p> <p><b>Susan Kellogg-Spadt, PhD, CRNP, IF, FCST, CSC</b>  <i>Director of Female Sexual Medicine, Center for Pelvic Medicine/MidLantic Urology  Drexel University College of Medicine  Bryn Mawr, Pennsylvania</i></p>
4:35 PM–5:15 PM	<b>Case Discussions and Q&amp;A Session</b>

Wednesday, October 22, 2025	
7:30 AM–8:00 AM	<b>Coffee Service for Opening Symposium</b> Rotunda—Convention Level
8:00 AM–12:00 PM	<b>Opening Symposium—Perimenopause</b> Regency Ballroom O-S—Convention Level
8:00 AM–8:10 AM	<b>Welcome and Introductory Remarks</b>  <b>Nanette F Santoro, MD—Course Director</b> <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology            University of Colorado School of Medicine            Anschutz Medical Campus            Aurora, Colorado</i>  <b>Cynthia A Stuenkel, MD, MSCP—Course Director</b> <i>Clinical Professor, Department of Medicine            University of California, San Diego            La Jolla, California</i>
8:10 AM–8:30 AM	<b>Perimenopause Definitions, Epidemiology, and Hormone Overview</b>  <b>Cynthia A Stuenkel, MD, MSCP</b> <i>Clinical Professor, Department of Medicine            University of California, San Diego            La Jolla, California</i>
8:30 AM–8:50 AM	<b>When Does Perimenopause Actually Begin?</b>  <b>Marcie Richardson, MD</b> <i>Director, Atrius Menopause Consultation Service            Assistant Professor of Obstetrics, Gynecology, and Reproductive Biology, Harvard Medical School            Boston, Massachusetts</i>
8:50 AM–9:10 AM	<b>Bleeding Changes and Other Bothersome GYN Symptoms and Their Treatment</b>  <b>Jill Liss, MD, MSCP, FACOG</b> <i>Associate Clinical Professor, Obstetrics and Gynecology            University of Colorado School of Medicine            Denver, Colorado</i>
9:10 AM–9:30 AM	<b>Vasomotor Symptoms, Sleep, and Mood</b>  <b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR</b> <i>Professor, Department of Psychiatry            Director, Centre for Psychedelic Health and Research, Queen's University            Kingston, Ontario, Canada            Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND)            President and CEO, CAN-BIND Solutions Inc.            Ontario, Canada</i>
9:30 AM–10:00 AM	<b>Q&amp;A With Audience</b>

Wednesday, October 22, 2025	
10:00 AM–10:20 AM	Break
10:20 AM–10:40 AM	<b><i>Personalized Treatment Options for Common and Uncommon Symptoms</i></b>  <b>Makeba Williams, MD, FACOG, MSCP</b> <i>Professor and Vice Chair of Professional Development and Wellness  Washington University in St. Louis School of Medicine  Department of Obstetrics and Gynecology  St. Louis, Missouri</i>
10:40 AM–11:00 AM	<b><i>Addressing Contraceptive Needs of Perimenopausal Women</i></b>  <b>Andrew M Kaunitz, MD, MSCP, FACOG</b> <i>Professor of Obstetrics and Gynecology  Associate Chair, Department of Obstetrics and Gynecology  University of Florida  Jacksonville, Florida</i>
11:00 AM–11:20 AM	<b><i>Information and Misinformation</i></b>  <b>Nanette F Santoro, MD</b> <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology  University of Colorado School of Medicine  Anschutz Medical Campus  Aurora, Colorado</i>
11:20 AM–12:00 PM	Q&A With Audience
12:00 PM–2:15 PM	Free Time   Industry Education Session   Menopause Research Session
12:30 PM–1:30 PM	<b><i>Menopause Research Session—Securing Research Funding: Insights on Grant Writing, Funded Projects, and Existing Opportunities</i></b> Regency Ballroom O-S—Convention Level
12:30 PM–12:35 PM	<b><i>Opening Remarks</i></b>  <b>Samar R El Khoudary, PhD, MPH, BPharm, FAHA—Session Director</b> <i>Professor and Vice Chair for Education, Department of Epidemiology, Epidemiology Data Center  University of Pittsburgh  Pittsburgh, Pennsylvania</i>
12:35 PM–12:55 PM	<b><i>From Proposal to Funding: A Junior Faculty Guide to Successful Grant Development</i></b>  <b>Nanette F Santoro, MD</b> <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology  University of Colorado School of Medicine  Anschutz Medical Campus  Aurora, Colorado</i>

## Wednesday, October 22, 2025

12:55 PM–1:05 PM	<b><i>NIH Opportunities for Junior Investigators.</i></b>  <b>Annina Burns, PhD, RD</b> <i>Health Science Policy Analyst  Office of Research on Women’s Health  National Institutes of Health  Bethesda, MD</i>
1:05 PM–1:15 PM	<b><i>Existing Opportunities</i></b>  <b>Speaker TBA</b>
1:15 PM–1:30 PM	<b>Panel Discussion</b>
1:00 PM–1:30 PM	<b>Industry Education Session</b> Regency Ballroom V—Convention Level <i>Supported by</i> <b>Bayer</b> <i>Premier Partner of the 2025 Annual Meeting</i>
1:30 PM–2:00 PM	<b>Break</b> Regency Ballroom Foyer—Convention Level
2:15 PM–3:45 PM	<b><i>Test Your Women’s Health Knowledge: Interactive Case Discussions</i></b> Regency Ballroom O-S—Convention Level
	<b>Pelin Batur, MD, FACP, MSCP—Session Director</b> <i>Professor of Obstetrics, Gynecology, and Reproductive Biology  Cleveland Clinic Lerner College of Medicine of Case Western Reserve University  Ob/Gyn and Women’s Health Institute, Department of Subspecialty Women’s Health  Medical Director, Women’s Comprehensive Health and Research Center  Cleveland Clinic  Cleveland, Ohio</i>  <b>Risa Kagan, MD, FACOG, CCD, MSCP—Session Director</b> <i>Clinical Professor, Department of Obstetrics, Gynecology and Reproductive Sciences  University of California San Francisco  Sutter East Bay Medical Group  Berkeley, California</i>
	<b>Panelists</b>  <b>David F Archer, MD</b> <i>Professor of Obstetrics and Gynecology, Department of Obstetrics and Gynecology  Macon and Joan Brock Virginia Health Sciences at Old Dominion University  Norfolk, Virginia</i>  <b>Sharon J Parish, MD, MSCP</b> <i>Professor of Medicine in Clinical Psychiatry  Weill Cornell Medicine  White Plains, New York</i>

## Wednesday, October 22, 2025

	<p><b>Holly J Pederson, MD, MSCP</b>  <i>Professor of Medicine, Cleveland Clinic Lerner College of Medicine  Integrated Surgical Institute  Cleveland, Ohio</i></p> <p><b>Nina B Radford, MD</b>  <i>Staff Cardiologist, Cooper Clinic  Research Colleague, The Cooper Institute  Dallas, Texas</i></p> <p><b>Alison Shea, MD, PhD, FRCSC, MSCP</b>  <i>Obstetrician and Gynecologist  Menopause and Reproductive Mental Health Specialist  St. Joseph's Healthcare, Hamilton  Associate Professor, Department of Obstetrics and Gynecology  McMaster University  Hamilton, Ontario, Canada</i></p>
<b>3:45 PM–4:15 PM</b>	<p><b>Break</b>  Regency Ballroom Foyer—Convention Level</p>
<b>4:15 PM–4:30 PM</b>	<p><b>Welcome and Introductory Remarks</b>  Regency Ballroom O-S—Convention Level</p>
<b>4:15 PM–4:20 PM</b>	<p><b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR—President</b>  <i>Professor, Department of Psychiatry  Director, Centre for Psychedelic Health and Research, Queen's University  Kingston, Ontario, Canada  Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND)  President and CEO, CAN-BIND Solutions Inc.  Ontario, Canada</i></p>
<b>4:20 PM–4:25 PM</b>	<p><b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF—Medical Director</b>  <i>Medical Director, The Menopause Society  Professor and Chair, Department of Medicine  Penny and Bill George Director, Mayo Clinic Center for Women's Health  Mayo Clinic  Jacksonville, Florida</i></p>
<b>4:25 PM–4:30 PM</b>	<p><b>Cheryl Cox Kinney, MD, FACOG, MSCP—Chair, Scientific Program Committee</b>  <i>Director, Center for Female Health and Hormone Disorders  Dallas, Texas</i></p>
<b>4:30 PM–6:00 PM</b>	<p><b>Presidential Symposium 1—Mind, Brain, and Body Connections: How Does That Really Work?</b>  Regency Ballroom O-S—Convention Level</p>
	<p><b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR—2025 President</b>  <i>Professor, Department of Psychiatry  Director, Centre for Psychedelic Health and Research, Queen's University  Kingston, Ontario, Canada  Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND)  President and CEO, CAN-BIND Solutions Inc.  Ontario, Canada</i></p>

## Wednesday, October 22, 2025

4:30 PM–4:45 PM	<p><b>Hormones and Brain Health/Cognition</b></p> <p><b>Pauline M Maki, PhD</b>  <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology          Director of Women’s Mental Health Research          Associate Director of the Center for Research on Women and Gender          Program Director of the K12 BIRCWH Program          University of Illinois at Chicago          Chicago, Illinois</i></p>
4:45 PM–5:00 PM	<p><b>Gut-Brain Connection and Mental Health</b></p> <p><b>Jane Foster, PhD</b>  <i>Professor, Department of Psychiatry          The University of Texas Southwestern Medical Center          Dallas, Texas</i></p>
5:00 PM–5:15 PM	<p><b>Trauma, Vasomotor Symptoms, and Cardiovascular Health</b></p> <p><b>Rebecca C Thurston, PhD, FABMR, FAPS</b>  <i>Assistant Dean for Women’s Health Research          Pittsburgh Foundation Chair in Women’s Health and Dementia          Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science          Director, Center for Women’s Biobehavioral Health Research Program          Director, Cardiovascular Behavioral Medicine Research Training Program          University of Pittsburgh          Pittsburgh, Pennsylvania</i></p>
5:15 PM–5:30 PM	<p><b>Hormone Sensitivity, Mood, and Anxiety</b></p> <p><b>Jennifer Gordon, PhD, RD, Psych</b>  <i>Canadian Institutes of Health Research, Canada Research Chair in Women’s Mental Health          Associate Professor of Psychology and Director of Women’s Mental Health Research Unit          University of Regina          Regina, Saskatchewan, Canada</i></p>
5:30 PM–5:45 PM	<p><b>Behavioral Endocrinology: Lessons Learned Over 30+ Years</b></p> <p><b>Peter Schmidt, MD</b>  <i>Chief, Behavioral Endocrinology Branch          National Institute of Mental Health          Bethesda, Maryland</i></p>
5:45 PM–6:00 PM	<p><b>Q&amp;A With Audience</b></p>
6:00 PM–7:00 PM	<p><b>President’s Cocktail Reception</b>          Garden Terrace—Level 4</p> <p><i>Supported by the Premier Partners of the 2025 Annual Meeting</i></p> <p><b>Astellas</b>  <b>Bayer</b></p>



Thursday, October 23, 2025	
7:00 AM–8:00 AM	<b>Continental Breakfast for Registrants of the Main Program</b> Rotunda—Convention Level
8:15 AM–9:00 AM	<b>Keynote Address</b> Regency Ballroom O-S—Convention Level
	<b>Emily S Lau, MD, MPH—Moderator</b> <i>Assistant Professor of Medicine, Harvard Medical School</i> <i>Director, Cardiometabolic Health and Hormones Clinic, Corrigan Women’s Heart Health Program</i> <i>Massachusetts General Hospital</i> <i>Boston, Massachusetts</i>
8:15 AM–8:45 AM	<b>Reframing Longevity and Extending Health Span in Women</b>  <b>Jennifer Garrison, PhD</b> <i>Assistant Professor, Buck Institute for Research on Aging</i> <i>Co-Director, Center for Healthy Aging in Women</i> <i>Co-Founder and Executive Director, ProductiveHealth.org (formerly GCRLE)</i> <i>Novato, California</i>
8:45 AM–9:00 AM	<b>Q&amp;A With Audience</b>
9:00 AM–10:30 AM	<b>Plenary Symposium 2—Weight</b> Regency Ballroom O-S—Convention Level
	<b>Danette Conklin, PhD—Moderator</b> <i>Director, Behavioral Health Services for Bariatric Surgery and Weight Management</i> <i>University Hospitals</i> <i>Assistant Professor of Psychiatry, CWRU School of Medicine</i> <i>Assistant Professor of Obstetrics and Gynecology, CWRU School of Medicine</i> <i>Lead Investigator, Midlife Wellness for Women</i> <i>Cleveland, Ohio</i>
9:00 AM–9:20 AM	<b>Body Composition Changes in Menopause</b>  <b>Brooke Aggarwal, EdD, MS, FAHA</b> <i>Assistant Professor of Medical Sciences, Division of Cardiology, Department of Medicine</i> <i>Director of Training, Go Red for Women Strategically Focused Research Network at CUMC</i> <i>Principal Investigator, Go Red for Women Strategically Focused Research Network at CUMC</i> <i>Columbia University Irving Medical Center</i> <i>New York, New York</i>
9:20 AM–9:40 AM	<b>Managing Menopause Symptoms to Optimize Weight Loss</b>  <b>Ekta Kapoor, MBBS, FACP, MSCP</b> <i>Associate Professor of Medicine</i> <i>Mayo Clinic College of Medicine</i> <i>Rochester, Minnesota</i>
9:40 AM–10:00 AM	<b>NuSH Medications Dosing and Outcomes</b>  <b>Maria Daniela Hurtado, MD</b> <i>Assistant Professor, Department of Endocrinology</i> <i>Mayo Clinic</i> <i>Jacksonville, Florida</i>

Thursday, October 23, 2025	
10:00 AM–10:30 AM	<b>Q&amp;A With Audience</b>
10:30 AM–11:15 AM	<b>Refreshment Break for Registrants of the Main Program</b> Windermere Ballroom—Convention Level
10:45 AM–11:15 AM	<b>Industry Education Session</b> Regency Ballroom V—Convention Level <i>Supported by</i> <b>Astellas</b> <i>Premier Partner of the 2025 Annual Meeting</i>
11:15 AM–12:30 PM	<b>Plenary Symposium 3—Bone Health</b> Regency Ballroom O-S—Convention Level
	<b>Alison Shea, MD, PhD, FRCSC, MSCP—Moderator</b> <i>Obstetrician and Gynecologist</i> <i>Menopause and Reproductive Mental Health Specialist</i> <i>St. Joseph's Healthcare, Hamilton</i> <i>Associate Professor, Department of Obstetrics and Gynecology</i> <i>McMaster University</i> <i>Hamilton, Ontario, Canada</i>
11:15 AM–11:40 AM	<b><i>Perimenopause and Bone Protection</i></b>  <b>Michael McClung, MD, FACP, FACE, FASBMR</b> <i>Founding and Emeritus Director</i> <i>Oregon Osteoporosis Center</i> <i>Portland, Oregon</i>
11:40 AM–12:05 PM	<b><i>Which Treatment Option for Which Patient?</i></b>  <b>Sherri-Ann M Burnett-Bowie, MD, MPH</b> <i>Means Firm Chief, Internal Medicine Residency Program</i> <i>Chair, Diversity and Inclusion Board, Department of Medicine</i> <i>Associate Director, MGH Center for Diversity and Inclusion</i> <i>Associate Professor of Medicine, Harvard Medical School</i> <i>Boston, Massachusetts</i>
12:05 PM–12:30 PM	<b>Q&amp;A With Audience</b>
12:30 PM–12:45 PM	<b>Box Lunches Distributed for Registrants of the Main Program</b> Regency Ballroom O-S—Convention Level
12:45 PM–2:15 PM	<b>Plenary Symposium 4—Progestogens</b> Regency Ballroom O-S—Convention Level
	<b>Sara H Murphy, MD—Moderator</b> <i>Obstetrician/Gynecologist</i> <i>Kaiser Permanente Santa Clara Medical Center</i> <i>Santa Clara, California</i>

Thursday, October 23, 2025	
12:45 PM–1:05 PM	<p><b><i>Progestogens: Impact on Sleep, Vasomotor Symptoms, and Breast Cancer</i></b></p> <p><b>Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, MSCP</b>  <i>Professor, Department of Family and Community Medicine  University of Toronto  Toronto, Ontario, Canada</i></p>
1:05 PM–1:25 PM	<p><b><i>When, How Much, and What If It Goes Wrong?</i></b></p> <p><b>Nanette F Santoro, MD</b>  <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology  University of Colorado School of Medicine  Anschutz Medical Campus  Aurora, Colorado</i></p>
1:25 PM–1:45 PM	<p><b><i>52 mg Levonorgestrel IUD: Endometrial Protection, Hyperplasia and Breast Cancer Data</i></b></p> <p><b>Michelle Wise, MD</b>  <i>Associate Professor and Deputy Head  Department of Obstetrics, Gynaecology, and Reproductive Sciences  University of Auckland  Auckland, New Zealand</i></p>
1:45 PM–2:15 PM	<b>Q&amp;A With Audience</b>
2:15 PM–3:00 PM	<p><b>Refreshment Break for Registrants of the Main Program</b>  Windermere Ballroom—Convention Level</p>
2:30 PM–3:00 PM	<p><b>Industry Education Session</b>  Regency Ballroom V—Convention Level  Supported by  <b>Mayne Pharma</b></p>
3:00 PM–4:30 PM	<p><b>Plenary Symposium 5—Vulvar Health</b>  Regency Ballroom O-S—Convention Level</p>
	<p><b>Sara Looby, PhD, ANP-BC, FAAN—Moderator</b>  <i>Metabolism Unit, Endocrine Division  Massachusetts General Hospital  Assistant Professor of Medicine  Harvard Medical School  Boston, Massachusetts</i></p>
3:00 PM–3:20 PM	<p><b><i>Evaluation of Vulvar Disorders in Midlife Patients</i></b></p> <p><b>Libby Edwards, MD</b>  <i>Adjunct Clinical Associate Professor of Dermatology  University of North Carolina  Chief of Dermatology, Carolinas Medical Center  Chapel Hill, North Carolina</i></p>

## Thursday, October 23, 2025

3:20 PM–3:40 PM	<b><i>Vulvar Dermatoses</i></b>  <b>Melissa Mauskar, MD, FAAD</b> <i>Associate Professor and Director of Vulvar Health Program  Departments of Dermatology and Obstetrics and Gynecology  UT Southwestern Medical Center  Dallas, Texas</i>
3:40 PM–4:00 PM	<b><i>New Approaches to Vulvodynia</i></b>  <b>Hope K Haefner, MD</b> <i>Harold A. Furlong Professor in Women's Health  Chief of the Division of Gynecology  University of Michigan  Ann Arbor, Michigan</i>
4:00 PM–4:30 PM	<b>Q&amp;A With Audience</b>
4:30 PM–6:00 PM	<b>Concurrent Session 1—Abstract Presentations</b> Regency Ballroom O-S—Convention Level
4:30 PM–4:45 PM	<b>Presentation 1</b>
4:45 PM–5:00 PM	<b>Presentation 2</b>
5:00 PM–5:15 PM	<b>Presentation 3</b>
5:15 PM–5:30 PM	<b>Presentation 4</b>
5:30 PM–5:45 PM	<b>Presentation 5</b>
5:45 PM–6:00 PM	<b>Presentation 6</b>
4:30 PM–6:00 PM	<b>Concurrent Session 2—Abstract Presentations</b> Regency Ballroom T-U—Convention Level
4:30 PM–4:45 PM	<b>Presentation 1</b>
4:45 PM–5:00 PM	<b>Presentation 2</b>
5:00 PM–5:15 PM	<b>Presentation 3</b>
5:15 PM–5:30 PM	<b>Presentation 4</b>
5:30 PM–5:45 PM	<b>Presentation 5</b>
5:45 PM–6:00 PM	<b>Presentation 6</b>

## Thursday, October 23, 2025

<b>4:30 PM–6:00 PM</b>	<b>Concurrent Session 3—AMEC Leadership From Mexico</b> Celebration Rooms 5-6—Convention Level
	<b><i>Cistitis de repetición en la Menopausia</i></b>  Dra. Rosa María Sánchez Javier
	<b><i>Antagonistas de los receptores de neuro quinina en el tratamiento de bochornos</i></b>  Dra. María Antonia Valdés Vargas
	<b><i>Anticoncepción en la etapa de transición y Perimenopausia</i></b>  Dr. Samuel Santoyo Haro
	<b><i>Enfermedad Cardiovascular de la mujer en Latinoamérica</i></b>  Dr. Fernando Sánchez Aguirre
	<b><i>MenoRevolución: la lucha en la atención de menopausia en México</i></b>  Dra. Mayra Avila Herrera
	<b>Q&amp;A With Audience</b>
<b>4:30 PM–5:00 PM</b>	<b>Industry Education Session</b> Regency Ballroom V—Convention Level
<b>6:15 PM–7:15 PM</b>	<b>Poster Session and Wine and Cheese Reception for Registrants of the Main Program</b> Windermere Exhibit Hall—Convention Level

## Friday, October 24, 2025

<b>6:30 AM–7:45 AM</b>	<b>Continental Breakfast for Registrants of the Main Program</b> Rotunda—Convention Level
<b>7:00 AM–7:45 AM</b>	<b>Coffee With Colleagues Continental Breakfast</b> Regency Ballroom T-U
<b>7:00 AM–7:30 AM</b>	<b>Industry Education Session</b> Regency Ballroom V—Convention Level
<b>7:55 AM–8:30 AM</b>	<b>Annual Membership Town Hall</b> Regency Ballroom O-S—Convention Level
<b>8:30 AM–9:00 AM</b>	<b>The Menopause Society/Pfizer Wulf H Utian Endowed Lecture</b> Regency Ballroom O-S—Convention Level
	<b>Isaac Schiff, MD—Moderator</b> <i>Chief Emeritus, Department of Obstetrics and Gynecology</i> <i>Co-Director, Massachusetts General Hospital Midlife Women's Health Center</i> <i>Joe Vincent Meigs, Distinguished Professor of Gynecology, Harvard Medical School</i> <i>Boston, Massachusetts</i>

Friday, October 24, 2025	
8:30 AM–8:50 AM	<b><i>Building Organs in 2025: The Heart of the Matter for Women</i></b>  <b>Doris A Taylor, PhD, Hon DSc, FAHA, FACC, FESC, FAIMBE</b> <i>Chief Executive Officer</i> <i>Organamet Bio</i> <i>Houston, Texas</i>
8:50 AM–9:00 AM	<b>Q&amp;A With Audience</b>
9:00 AM–10:30 AM	<b>Plenary Symposium 6—<i>Cardiovascular Health in Midlife</i></b> Regency Ballroom O-S—Convention Level
	<b>Chrisandra L Shufelt, MD, MS, FACP, MSCP—Moderator</b> <i>Professor and Chair, Division of General Internal Medicine</i> <i>Associate Director, Women’s Health Research Center</i> <i>Mayo Clinic</i> <i>Jacksonville, Florida</i>
9:00 AM–9:20 AM	<b><i>Cardiovascular Disease in Midlife Women: Epidemiology, Awareness, and What the Future Holds</i></b>  <b>Garima Sharma, MD</b> <i>Director of Cardio-Obstetrics, Cardiovascular Women’s Health, and Preventive Cardiology</i> <i>Inova</i> <i>Go Red for Women Volunteer</i> <i>Fairfax, Virginia</i>
9:20 AM–9:40 AM	<b><i>Primary Prevention of Cardiovascular Disease in Women: Blood Pressure, Lipids, and Diabetes</i></b>  <b>Erin Donnelly Michos, MD</b> <i>Professor of Medicine, Division of Cardiology, Johns Hopkins School of Medicine</i> <i>Director of Women’s Cardiovascular Health and Associate Director of Preventive Cardiology</i> <i>Johns Hopkins Ciccarone Center for the Prevention of Cardiovascular Disease</i> <i>Baltimore, Maryland</i>
9:40 AM–10:00 AM	<b><i>Microvascular Disease in Women: Small Vessels Big Impact</i></b>  <b>Puja K Mehta, MD, FACC, FAHA</b> <i>Associate Professor, Division of Cardiology</i> <i>Director of Women’s Translational Cardiovascular Research</i> <i>Emory University</i> <i>Atlanta, Georgia</i>
10:00 AM–10:30 AM	<b>Q&amp;A With Audience</b>
10:30 AM–11:15 AM	<b>Refreshment Break for Registrants of the Main Program</b> Windermere Exhibit Hall—Convention Level
10:45 AM–11:15 AM	<b>Industry Education Session</b> Regency Ballroom V—Convention Level <i>Supported by</i> <b>Novo Nordisk</b>

Friday, October 24, 2025	
11:15 AM–12:45 PM	<b>Plenary Symposium 7—Breast Health</b> Regency Ballroom V—Convention Level
	<b>Holly J Pederson, MD, MSCP—Moderator</b> <i>Professor of Medicine, Cleveland Clinic Lerner College of Medicine Integrated Surgical Institute Cleveland, Ohio</i>
11:15 AM–11:35 AM	<b>Dense Breasts: What Do We Do, With Whom, When, How Often, and Why?</b>  <b>Donna M Plecha, MD</b> <i>Ida and Irwin Haber and Wei-Shen Chin Chair of the Department of Radiology University Hospitals Medical Center Chair and Theodore J Castele Professor of Radiology Case Western Reserve University School of Medicine Cleveland, Ohio</i>
11:35 AM–11:55 PM	<b>Early Surgical Menopause in BRCA Preivors: Practical Recommendations for Systemic and Vaginal Hormone Therapy</b>  <b>Mariam AlHilli, MD</b> <i>Staff Physician and Medical Oncologist Department of Obstetrics and Gynecology Cleveland Clinic Cleveland, Ohio</i>
11:55 PM–12:15 PM	<b>Cardiovascular and Musculoskeletal Health in Breast Cancer Survivors</b>  <b>Halle Moore, MD</b> <i>Director of Breast Medical Oncology, Department of Hematology and Oncology Cleveland Clinic Taussig Cancer Institute Co-Director, Cleveland Clinic Comprehensive Breast Cancer Program Professor of Medicine Cleveland Clinic Lerner College of Medicine at Case Western Reserve Cleveland, Ohio</i>
12:15 PM–12:45 PM	<b>Q&amp;A With Audience</b>
12:45 PM–1:00 PM	<b>Box Lunches Distributed for Registrants of the Main Program</b> Regency Ballroom O-S—Convention Level
1:00 PM–2:00 PM	<b>Top Scoring Abstract Session</b> Regency Ballroom O-S—Convention Level
1:00 PM–1:15 PM	<b>Presentation 1</b>
1:15 PM–1:30 PM	<b>Presentation 2</b>
1:30 PM–1:45 PM	<b>Presentation 3</b>
1:45 PM–2:00 PM	<b>Presentation 4</b>

Friday, October 24, 2025	
2:00 PM–3:30 PM	<b>Plenary Symposium 8—<i>Menopause in Special Populations</i></b> Regency Ballroom O-S—Convention Level
	<b>Yamnia I Cortés, PhD, MPH, RN, FAHA, FAAN—Moderator</b> <i>Associate Professor</i> <i>The University of Iowa College of Nursing</i> <i>Iowa City, Iowa</i>
2:00 PM–2:20 PM	<b><i>Primary Ovarian Insufficiency/Functional Hypothalamic Amenorrhea</i></b>  <b>Chrisandra L Shufelt, MD, MS, FACP, MSCP</b> <i>Professor and Chair, Division of General Internal Medicine</i> <i>Associate Director, Women’s Health Research Center</i> <i>Mayo Clinic</i> <i>Jacksonville, Florida</i>
2:20 PM–2:40 PM	<b><i>Trauma-Informed Menopause Care in the VA</i></b>  <b>Carolyn Gibson, PhD, MPH, MSCP, FABMR</b> <i>Associate Director, Center for Data to Discovery and Delivery Innovation (3DI)</i> <i>San Francisco VA Health Care System</i> <i>Associate Professor, Department of Psychiatry and Behavioral Sciences</i> <i>University of California, San Francisco</i> <i>San Francisco, California</i>
2:40 PM–3:00 PM	<b><i>Menopause in Indigenous and Hispanic Populations</i></b>  <b>Lisa Taylor-Swanson, PhD</b> <i>Assistant Professor</i> <i>College of Nursing at University of Utah</i> <i>Salt Lake City, Utah</i>
3:00 PM–3:30 PM	<b>Q&amp;A With Audience</b>
3:30 PM–4:15 PM	<b>Refreshment Break for Registrants of the Main Program</b> Windermere Ballroom—Convention Level
4:15 PM–5:30 PM	<b>Concurrent Session 1—Abstract Presentations</b> Regency Ballroom O-S—Convention Level
4:15 PM–4:30 PM	<b>Presentation 1</b>
4:30 PM–4:45 PM	<b>Presentation 2</b>
4:45 PM–5:00 PM	<b>Presentation 3</b>
5:00 PM–5:15 PM	<b>Presentation 4</b>
5:15 PM–5:30 PM	<b>Presentation 5</b>



Friday, October 24, 2025	
4:15 PM–5:30 PM	<b>Concurrent Session 2—Abstract Presentations</b> Regency Ballroom T-U—Convention Level
4:15 PM–4:30 PM	<b>Presentation 1</b>
4:30 PM–4:45 PM	<b>Presentation 2</b>
4:45 PM–5:00 PM	<b>Presentation 3</b>
5:00 PM–5:15 PM	<b>Presentation 4</b>
5:15 PM–5:30 PM	<b>Presentation 5</b>
5:45 PM–6:45 PM	<b>Donor Cocktail Party</b> Orchid—Level 4
Saturday, October 25, 2025	
7:00 AM–8:00 AM	<b>Continental Breakfast for Registrants of the Main Program</b> Regency Ballroom T-V—Convention Level
8:00 AM–8:15 AM	<b>Announcement of Poster Prizes</b> Regency Ballroom O-S—Convention Level
8:15 AM–8:45 AM	<b>The Menopause Society/Kleinman Endowed Lecture</b> Regency Ballroom O-S—Convention Level
	<b>Matthew Nudy, MD—Moderator</b> <i>Assistant Professor of Medicine and Public Health Sciences Division of Cardiology Penn State College of Medicine Hershey, Pennsylvania</i>
8:15 AM–8:35 AM	<b><i>Impact of Alcohol on Health Outcomes</i></b>  <b>Jo L Freudenheim, PhD, RD, DFASN, FACE</b> <i>SUNY Distinguished Professor Department of Epidemiology and Environmental Health School of Public Health and Health Professions University at Buffalo Buffalo, New York</i>
8:35 AM–8:45 AM	<b>Q&amp;A With Audience</b>
8:45 AM–10:15 AM	<b>Plenary Symposium 9—Vasomotor Symptom Management</b> Regency Ballroom O-S—Convention Level
	<b>Corey R Babb, DO, FACOOG, IF, MSCP—Moderator</b> <i>Medical Director The Haven Center for Sexual Medicine and Vulvovaginal Disorders Tulsa, Oklahoma</i>

## Saturday, October 25, 2025

8:45 AM–9:15 AM	<b><i>Starting, Swapping, and Stopping Hormone Therapy</i></b>  <b>Risa Kagan, MD, FACOG, CCD, MSCP</b> <i>Clinical Professor, Department of Obstetrics, Gynecology and Reproductive Sciences  University of California San Francisco  Sutter East Bay Medical Group  Berkeley, California</i>
9:15 AM–9:35 AM	<b><i>Nonhormone Pharmacologic Options</i></b>  <b>Laurie S Jeffers, DNP, FNP-BC, MSCP</b> <i>Cofounder and Former Codirector, Center for Midlife Health and Menopause  NYU Langone Health, Grossman School of Medicine  New York, New York</i>
9:35 AM–9:55 AM	<b><i>Nonpharmacologic Options</i></b>  <b>Janet S Carpenter, PhD, RN, FAAN</b> <i>Interim Dean and Audrey Geisel Endowed Chair in Innovation  Distinguished Professor  Indiana University School of Nursing  Indianapolis, Indiana</i>
9:55 AM–10:15 AM	<b>Q&amp;A With Audience</b>
10:15 AM–10:45 AM	<b>Refreshment Break for Registrants of the Main Program</b> Rotunda—Convention Level
10:45 AM–12:00 PM	<b>Plenary Symposium 10—Androgens</b> Regency Ballroom O-S—Convention Level
	<b>Makeba Williams, MD, FACOG, MSCP—Moderator</b> <i>Professor and Vice Chair of Professional Development and Wellness  Washington University in St. Louis School of Medicine  Department of Obstetrics and Gynecology  St. Louis, Missouri</i>
10:45 AM–11:10 AM	<b><i>Androgens for Muscles, Mood, and More</i></b>  <b>Susan R Davis, MBBS, FRACP, PhD</b> <i>Professor and Head  Monash University Women’s Health Research Program  Melbourne, Victoria, Australia</i>
11:10 AM–11:35 AM	<b><i>Androgens for Hypoactive Sexual Desire Disorder</i></b>  <b>Jan L Shifren, MD, MSCP</b> <i>Director, Midlife Women’s Health Center  Massachusetts General Hospital  Professor of Obstetrics, Gynecology, and Reproductive Biology  Harvard Medical School  Boston, Massachusetts</i>
11:35 AM–12:00 PM	<b>Q&amp;A With Audience</b>

## Saturday, October 25, 2025

12:00 NOON—1:00 PM	<b>Plenary Symposium 11—Query the Experts: Have Your Questions Answered</b> Regency Ballroom—Convention Level
	<b>Jewel M Kling, MD, MPH, MSCP, MACP, IF—Moderator</b> <i>Professor of Medicine and Chair, Women’s Health Internal Medicine</i> <i>Suzanne Hanson Poole Dean, Mayo Clinic Alix School of Medicine, Arizona Campus</i> <i>Mayo Clinic</i> <i>Scottsdale, Arizona</i>
12:00 PM—1:00 PM	<b>Panelists:</b> <b>Monica M Christmas, MD, FACOG, MSCP</b> <i>Associate Medical Director, The Menopause Society</i> <i>Associate Professor and Director, Menopause Program and Center for Women’s Integrated Health</i> <i>Section of Minimally Invasive Gynecologic Surgery</i> <i>UChicago Medicine and Biological Sciences</i> <i>Chicago, Illinois</i>  <b>Susan R Davis, MBBS, FRACP, PhD</b> <i>Professor and Head</i> <i>Monash University Women’s Health Research Program</i> <i>Melbourne, Victoria, Australia</i>  <b>Stephanie S Faubion, MD, MBA, FACP, MSCP, IF</b> <i>Medical Director, The Menopause Society</i> <i>Professor and Chair, Department of Medicine</i> <i>Penny and Bill George Director, Mayo Clinic Center for Women’s Health</i> <i>Mayo Clinic</i> <i>Jacksonville, Florida</i>  <b>Emily S Lau, MD, MPH</b> <i>Assistant Professor of Medicine, Harvard Medical School</i> <i>Director, Cardiometabolic Health and Hormones Clinic</i> <i>Corrigan Women’s Heart Health Program</i> <i>Massachusetts General Hospital</i> <i>Boston, Massachusetts</i>  <b>Claudio N Soares, MD, PhD, FRCPC, MBA, CPTR</b> <i>Professor, Department of Psychiatry</i> <i>Director, Centre for Psychedelic Health and Research, Queen’s University</i> <i>Kingston, Ontario, Canada</i> <i>Executive Lead, Canadian Biomarker Integration Network in Depression (CAN-BIND)</i> <i>President and CEO, CAN-BIND Solutions Inc.</i> <i>Ontario, Canada</i>  <b>Makeba Williams, MD, FACOG, MSCP</b> <i>Professor and Vice Chair of Professional Development and Wellness</i> <i>Washington University in St. Louis School of Medicine</i> <i>Department of Obstetrics and Gynecology</i> <i>St. Louis, Missouri</i>