



**Contact:**

The Menopause Society

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**The Menopause Society Appoints Dr. Monica Christmas as Associate Medical Director**

*Dr. Christmas to bring her expertise in menopause management and community health initiatives to her new role*

**CLEVELAND** (Oct 1, 2024)—The Menopause Society is pleased to announce the appointment of Dr. Monica Christmas as the organization’s new associate medical director, effective October 1, 2024. Dr. Christmas, a recognized expert in gynecology and menopause care, will work closely with The Menopause Society’s leadership to further its mission of empowering healthcare professionals to improve the health of women during the menopause transition and beyond.

This is the first time that The Menopause Society has appointed an associate medical director. The new position reflects the tremendous growth experienced by the organization in recent years. Not only has The Menopause Society doubled its membership in the past 2 years alone, but there has also been a record number of applications for the organization’s competency examination. Those who pass the examination earn the credential of a Menopause Society Certified Practitioner (MSCP). Also, as a sign of the Society’s growth and leadership in the field of midlife women’s health, the 2024 Annual Meeting of The Menopause Society sold out its in-person registration more than a month before the event. Those unable to attend still have an opportunity to participate in the meeting through OnDemand.

Dr. Christmas serves as associate professor of obstetrics and gynecology in the Section of Minimally Invasive Gynecologic Surgery and director of the Menopause Program and Center for Women’s Integrated Health at the University of Chicago. She is an avid educator with a focus on expanding advocacy and optimization of medical care for disadvantaged populations and a highly skilled surgeon in minimally invasive gynecologic techniques.

“Assuming this role with The Menopause Society is both a great responsibility and an exciting opportunity to influence the future of menopause care,” says Dr. Christmas. “In collaboration with Dr. Faubion, who serves as our medical director, and the Board of Trustees, I am eager to drive new initiatives that will not only expand our clinical understanding but empower women to receive equitable, high-quality care during the menopause transition.”

An active member of The Menopause Society since 2016, Dr. Christmas has contributed her expertise by serving on the Board of Trustees and the *Menopause* Editorial Board. She also has been a member of several committees, including the Education and Scientific Program Committees. She is a past recipient of The Menopause Society’s Community Service Award and is leading the development of several key projects, including the *Menopause A to Z* slide set and the upcoming *Menopause Step-by-Step* webinar series.

“Dr. Christmas is not new to The Menopause Society; many of us have already had the privilege of working with her,” says Dr. Stephanie Faubion, medical director of The Menopause Society. “I look forward to witnessing the impact of Monica’s expertise as she assumes this new role in the organization.”

For more information about menopause and healthy aging, visit [www.menopause.org](http://www.menopause.org).

### **About The Menopause Society**

The Menopause Society (formerly The North American Menopause Society) is dedicated to empowering healthcare professionals and providing them with the tools and resources to improve the health of women during the menopause transition and beyond. As the leading authority on menopause since 1989, the nonprofit, multidisciplinary organization serves as the independent, evidence-based resource for healthcare professionals, researchers, the media, and the public and leads the conversation about improving women’s health and healthcare experiences. To learn more, visit [menopause.org](http://menopause.org).